

HOMESCHOOL FITNESS PROGRAM



SESSIONS:
EVERY THURSDAY
**November 5 -
December 17**
11:30 A.M.-12:30 P.M.

REGISTRATION

Must be registered with CYS.

First Time & Renewing Participants

Register at Parent Central Services
or online with Web Trac
(Online enrollment is available for limited activities.)

Schofield Barracks
Parent Central Services
241 Hewitt St. • Bldg. 1283
(808) 787-7464



PCS Hours
of Operation

AMR Parent Central Service
154 Kauhini Road • Bldg. 1782
(808) 787-7465

Web Trac



Web Trac
Registration

Scan QR code to access
Web Trac, registration, and
see available activities.

Scan QR code for
Web Trac online
registration instructions.



Web Trac
Instructions

CYS SPORTS OFFICE

For information regarding our
Youth Sports Program or becoming
a Volunteer Coach, contact your
local Youth Sports Office:

Schofield Barracks
2251 McMahon Rd. • Bldg. 9090
(808) 630-7305

AMR
154 Kauhini Road • Bldg. 1782
(808) 330-9327

Are you a homeschooling parent looking for a fun
and educational way to keep your kids active while
earning school credits? The CYS Homeschool Fitness
Program offers a unique blend of physical activity and
learning to keep your kids engaged and healthy.

REGISTRATION DATES: OCTOBER 1-31

LOCATIONS:

Bennett Youth Center Gym

2251 McMahon Road, Bldg. 9090
Schofield Barracks, Hawaii 96857

AMR School Age Center Gym

154 Kauhini Road, Bldg. 1782
Honolulu, Hawaii 96818

COST:

\$30 *per
child*

Must be 5 years old by November 5
(Ages: 5-18) Year of eligibility: 2008-2021

NO REFUNDS

REQUIREMENTS:

- Health Assessment/Sports Physical Statement (HASPS) required for all participants
- The Exceptional Family Member Program (EFMP) form is required regardless of whether the participant has a medical condition.
- A Medical Action Plan (MAP) is required if there is a health/medical condition.

CYS and Safety Protocols*

- No jewelry, hair beads, and shorts with no pockets (fingertip length or longer)
- Glasses: Must wear sports goggles or a strap at all times

SUBJECT TO CHANGE*



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