

**Locations:**  
**AMR Field**  
154 Kauhini Road,  
Honolulu, HI 96818  
**Bennett Youth Center**  
(Schofield Barracks)  
2251 McMahon Road,  
Schofield Barracks, HI 96857

7 Week  
Mini Sports Camp  
**EVERY THURSDAY**  
Practices will provide  
fundamentals of Basketball,  
Soccer, Baseball,  
Flag Football, and  
Functional Fitness.

# KEIKI F.I.T.

**FUN • INTEGRATED • TRAINING**



**Thursday, January 4 – Thursday, February 15**

**REGISTRATION DATES: DECEMBER 1 - 31, 2023**

First Time/Renewal Participants must register  
at Parent Central Services:

Parent participation is required.

*\*Slots will be filled on a first come,  
first serve basis. A waitinglist is available  
for each division..*

Schofield Barracks  
241 Hewitt Street, Bldg. 1283  
(808) 655-5314 or (808) 655-8380  
Monday, Tuesday, Thursday & Friday  
8-11 a.m.

Walk-ins after 11 a.m.  
by Appointment Only.

**\$30** per  
child

YOB eligibility: 2019-2021  
(Child must be 3 years old  
by January 4, 2024)  
must be CYS registered.

**KEIKI F.I.T.**

*program offers a comprehensive  
approach to sports performance training  
in a FUN way! This program will focus on  
core development, balance, and proper running  
mechanics through drills and games.  
Come learn to improve acceleration, linear speed,  
and develop character, sportsmanship, and  
integrity, too!*



Information regarding our  
Youth Sports Program or  
becoming a Volunteer Coach,  
contact your local Youth  
Sports office located at  
Schofield Barracks or  
Aliamanu Military Reservation.



CYS and Safety Protocols: Subject to change



HIMWR.com

MWR HAWAII



NAYS  
National Alliance  
for Youth Sports