Army Community Service

February Calendar 2025

Army Volunteer Corps

VMIS Orientation | 4, 18 | 1330-1400 OPOC Training | 4, 18 | 1400-1430 **Employment Readiness Program**

Resume Writing for the Private Sector | 4 | 1000-1200 Military Spouse Lunch & Learn Series | 7 | 1100-1200 Building Your Federal Resume in USAJOBS - Military Spouse Edition | 18 | 0900-1130 Employment Jumpstart for the Military Spouse | 21 | 1000-1130 Ten Steps to a Federal Job | 25 | 0900-1130 **Exceptional Family Member Program** EFMP Pop Up Office | 3, 10, 17, 24 | 1100-1200 EFMP Sensory Fun Zone | 7, 21 | 0900-1030 | 12, 26 | 1430-1600 EFMP Spouses Step Out | 14 | 0800-0900 ADHD Parent Support Group | 11 | 1000-1100 EFMP Movie Day | 11 | 1430-1630 Family Advocacy Program

Thriving with Teens | 5 | 1200-1300

Fundamentals of a Healthy Relationship | 7 | 1200-1300

Balance of Life | 12 | 1200-1300

Little People, Big Feelings | 19 | 1200-1300 Mind Matters | 26 | 1200-1300

Financial Readiness Program

Vesting in the TSP | 5 | 1000-1130

Continuation Pay Milestone | 12 | 1000-1130

Divorce Milestone | 19 | 1000-1130 🧹 💻

Home Sweet Home/VA Home Loan Process | 19 | 1400-1530

Disabling Sickness or Condition Milestone | 26 | 1000-1130 Mobilization, Deployment, & Stability Support Operations

Command Teams | 4 | 0930-1230

SFRG Leader | 5 | 0930-1230 Family Readiness Advisor | 11 | 1300-1500 Informal Funds Custodian | 12 | 1300-1600

Command Family Readiness Representative (CFRR) | 25 | 0930-1230

Key Contact | 26 | 1400-1600

New Parent Support Program

Understanding Breastfeeding | 6 | 1300-1530 Newborn Care Class | 13 | 0900-1030 Infant CPR & Choking | 13 | 1100-1230 Childbirth & Postpartum Care | 20 | 1100-1230 Infant Massage | 27 | 1100-1230 Supporting Children Through Developmental Milestones | 27 | 1300-1430 Relocation Readiness Program Sponsorship Training | 12 | 1330-1430 Coffee, Culture & Crafts | 24 | 1000-1130 ACS Board Bootcamp | 24 | 1200-1230

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ACS Closed:

17 February: Presidents Day



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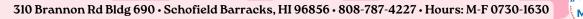


Sign up for a Class!



FAP Playgroups • 1000-1200

Schofield Library | 4, 11, 18, 25 | AMR Community Center | 6 | HMR Chapel | 13, 27 | Wheeler Community Center | 20 |



Class Descriptions

Army Volunteer Corps

VMIS Orientation: Learn how to use VMIS to track your volunteer hours. OPOC Training: Learn how to use VMIS to manage your volunteers and approve hours.

Employment Readiness Program

Military Spouse Lunch & Learn Series: Enjoy our virtual session on FB about different employment topics. Resume Writing for the Private Sector: Create or update your resume for a private sector job, choose the best format, target your resume for the specific job, and write effective accomplishment bullets.

Employment Jumpstart for the Military Spouse: Learn about information, resources, and services to assist you with your job search.

Building Your Federal Resume in USAJOBS: Military Spouse Edition: Walk through USAJOBS Resume Builder tool and learn valuable tips for applying for a federal position.

Ten Steps to a Federal Job: Learn the key steps in applying for a federal job from deciding which jobs to apply for to tailoring your resume to be rated "Best Qualified" for the position.

Exceptional Family Member Program

EFMP Pop Up Office: Meet with EFMP staff and get all your questions answered. Hosted on Ft Shafter. EFMP Sensory Fun Zone: Meet EFMP families at our Sensory Friendly playroom. Open to kids 0-6 years of age. ADHD Parent Support Group: Join other parents of kids with ADHD to share challenges and solutions in a safe and supportive space.

EFMP Movie Day: Watch a movie with other EFMP families. Hosted on Ft Shafter.

EFMP Spouses Step Out: Meet other spouses and families in EFMP while doing a safe and healthy activity. Family Advocacy Program

Thriving With Teens: Learn all about teen years and how you as a parent can equip yourself with the tools and skills to navigate.

Fundamentals of a Healthy Relationship: Learn and identify ways to strengthen your daily relationships.

Five Love Languages for Kids: Learn and understand your child's love language.

Balance of Life: Join us to learn the importance of balance in our everyday lives.

Little People, Big Feelings: Learn and identify ways to strengthen your parenting skills and help your kiddos navigate their emotions.

Mind Matters: Learn and identify ways to create a healthier mindset and manage stress and anger. Financial Readiness Program

Vesting in the TSP: Address any questions you may have about BRS, TSP and investments. Continuation Pay Milestone: Address any questions you may have about continuation pay. Home Sweet Home: Learn about purchasing a home utilizing the VA.

Divorce Milestone: Learn how to reorganize finances after a new or upcoming divorce.

Disabling Sickness or Condition: Learn about health care decisions and your role as caregiver.

Mobilization , Deployment, & Stability Support Operations

Command Teams: Learn about the roles and responsibilities of the command team in the SFRG. SFRG Leader: Learn about the Leader role in the SFRG.

Informal Funds Custodian: Learn authorized uses of SFRG informal funds and the requirements of this role. Family Readiness Advisor : Identify, define and understand components of successful SFRG operations. Key Contact: Learn roles and responsibilities while communicating with Family Members.

Command Family Readiness Representative (CFRR): Identify roles and responsibilities of the CFRR. New Parent Support Program

Understanding Breastfeeding: Learn the essentials on the benefits and basics of breastfeeding. Infant CPR & Choking: American Heart Association CPR course teaches hands on CPR lifesaving skills. Newborn Care Class: Learn the basics of caring for your newborn: diaper changes, feeding, safety & adjusting to parenthood.

Childbirth & Postpartum Care: Covers stages of labor, comfort techniques, infant attachment and more. Infant Massage: Learn about the benefits of massage in circulation, digestion & emotional well-being. Supporting Children Through Developmental Milestones: Learn about developmental milestones and ways to support your child at each stage.

Relocation Readiness Program

Sponsorship Training: Learn how to meet sponsorship requirements and connect Newcomers with resources. Coffee, Culture & Crafts: Sip coffee, learn about Hawaiian culture, and made a traditional craft.

ACS Board Bootcamp: Prepare for a board by getting an overview of all the programs at ACS and their benefits.