

## 7 WEEK MINI SPORTS CAMP • EVERY THURSDAY

Practices will provide fundamentals of Basketball, Soccer, Baseball, Flag Football, and Functional Fitness.

**KEIKI F.I.T.** program offers a comprehensive approach to sports performance training in a FUN way! This program will focus on core development, balance, and proper running mechanics through drills and games. Come learn to improve acceleration, linear speed, and develop character, sportsmanship, and integrity, too!



**Every Thursday**  
**Time: 5-6 p.m.**

**Locations:**

**AMR Field**  
154 Kauhini Road, Honolulu, HI 96818

**Watts Fields**

100 A Road, Schofield Barracks  
(Baseball Castle Parking lot)

# KEIKI F.I.T.

FUN • INTEGRATED • TRAINING

**\$30** per child

YOB eligibility: 2020-2022

(Child must be 3 years old by October 2, 2025).

Requirement: Must be CYS registered.

Parent participation is required.

\*Slots will be filled on a first come, first serve basis.  
A waiting list is available for each division.

**Thursday, October 2 -**  
**Thursday, November 13**

**REGISTRATION DATES:**  
**SEPTEMBER 1 - 30**

First Time/Renewal Participants must register  
at Parent Central Services:

### SCHOFIELD BARRACKS

241 Hewitt Street, Bldg. 1283  
(808) 787-7464

Walk-ins: 8-11 a.m.

(Except Wednesdays - By Appointment Only)

### ALIAMANU MILITARY RESERVATION

154 Kauhini Road, Bldg. 1782  
(808) 787-7465

Please contact Schofield Barracks office at  
(808) 787-7464.



For more information regarding our  
Youth Sports & Fitness Program or becoming  
a Volunteer Coach, contact your local Youth  
Sports office located at Schofield Barracks  
or Aliamanu Military Reservation.

Schofield Barracks  
2251 McMahon Road, Bldg. 9090  
Phone: (808) 787-4110 • (808) 787-4111

Aliamanu Military Reservation  
Bougainville Loop, Bldg. 1781  
Phone: (808) 787-4141

Office Hours: Sunday: Closed • Monday: Closed  
Tuesday - Friday: 11 a.m.-7:30 p.m. • Saturday: 8 a.m.-4:30 p.m.

SCAN ME

Scan QR  
code for  
hours of  
operation.



HiMWR.com or MWR HAWAII