

to the start of Lifeguarding Class. June 8, 9 & 10 • 7:30-9 a.m.

### Class Dates:

Monday, June 13 - Friday, June 17

Civilian & Military Lifeguard Classes

# Things to know before you sign-up:

- Age requirement is 15 years and older.
- Pre-Qualification swim must be completed
- 1. 200 meter Front Crawl
- 2. 100 meter Breaststroke
- 3. Tread 2 minute with no hands
- 4. Retrieve an object from water greater than 10 feet in depth
- Student must commit to every class day,
- Full payment must be made on the first day

COST PER-PERSON: ACTIVE DUTY: \$150 CIVILIANS: \$175

## June 2022 Session 2: Civilians & Active Duty

#### Pre-Qualification Dates:

Must complete Pre-Qualification Test prior to the start of Lifeguarding Class. June 20 - 24 • 7:30-9 a.m.

11 a.m.-4 p.m.

### Class Dates:

Monday, June 27 - Friday, July 1 Time: 9 a.m.-5 p.m.

U.S. ARMY SPORTS · FITNESS · AQUATICS

For more information, call Richardson Pool at (808) 655-9698

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