

HOMESCHOOL FITNESS PROGRAM



SESSION:

EVERY THURSDAY

**FEBRUARY 5-
MARCH 19**

11:30 A.M.-12:30 P.M.

Are you a homeschooling parent looking for a fun and educational way to keep your kids active while earning school credits? The CYS Homeschool Fitness Program offers a unique blend of physical activity and learning to keep your kids engaged and healthy.

REGISTRATION DATES: JANUARY 1-31

\$30 per child

Must be CYS registered.
Year of eligibility: 2008-2021
Must be 5 years old by
February 5, 2026.

NO REFUNDS

REGISTER AT:

Parent Central Services

Schofield Barracks

241 Hewitt St. Bldg. 1283
(808) 633-0040

AMR Parent Central Service

154 Kauhini Road, Bldg. 1782
(808) 330-9330

REQUIREMENTS:

- Identification Card
- Medical Action Plan (MAP) required if there is a health condition
- Health Assessment/Sports Physical Statement (HASPS) required for all participants
- The EFMP form (DA7725 Health Screening Tool) is a requirement for all registrations, regardless of EFMP status

LOCATIONS:

Bennett Youth Center Gym

2251 McMahon Road, Bldg. 9090
Schofield Barracks, Hawaii 96857

AMR School Age Center Gym

154 Kauhini Road, Bldg. 1782
Honolulu, Hawaii 96818

For information regarding our Youth Sports Program or becoming a Volunteer Coach, contact your local Youth Sports Office: Schofield Barracks (808) 630-7305, (808) 285-9958 or Aliamanu Military Reservation (808) 330-9327

SCAN ME

Scan QR code
for hours of
operation.



PROGRAM INFORMATION

Schofield Barracks Youth Sports & Fitness • (808) 787-4110
AMR • (808) 787-4141

HiMWR.com or [f MWR HAWAII](https://www.facebook.com/MWRHAWAII) [@](https://www.instagram.com/MWRHAWAII)

