

Aloha!

Free introduction to stand up
paddle boarding & ocean kayaking.



SAFETY Day

Sponsored by the
MWR Aquatics and Outdoor
Recreation Departments

AQUATICS

JOIN US FOR:

- Safety equipment demonstrations
 - Water safety instruction
- Prizes for all attendees
(while supplies last)!

**FRIDAY,
July 10**

**10 A.M.-12 P.M.
FREE!**

**TRIPLER ARMY
MEDICAL CENTER POOL**

315 Krukowski Rd. Bldg. 301, Honolulu, HI 96819

Open to all DOD ID Cardholders and sponsored guests.



For more information, call TAMC at
(808) 787-4155 or (808) 787-4151.



HiMWR.com or MWR HAWAII

