

USAG HAWAII SPORTS, FITNESS & AQUATICS

# 5 FIVE HUNDRED MILE HOLOMUA KĀKOU MILE RUN CLUB

Open to ALL DOD ID CARDHOLDERS

January 1, 2025 - December 31, 2025

Register at any MWR Physical Fitness Center

Join the Holomua Kākou (Let's Go Ahead), 500 mile run club. Challenge yourself to reach a total of 500 miles! As a reward for your dedication,

you'll receive a

**FREE HOLOMUA KĀKOU T-SHIRT**

once you complete the distance. Whether you're a seasoned runner or just starting out, you have from when you start the challenge until December 31, 2025 to complete the 500 miles. So, lace up your shoes, track your miles at one of our facilities and celebrate your achievement with us.

for facility hours of operations.



Call or visit one of our MWR Physical Fitness Centers for more information.



HiMWR.com or MWR HAWAII