January Calendar 2025

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Service



310 Brannon Rd Bldg 690 • Schofield Barracks, HI 96856 • 808-787-4227 • Hours: M-F 0730-1630

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Icross Descript

Army Volunteer Corps

VMIS Orientation: Learn how to use VMIS to track your volunteer hours.

OPOC Training: Learn how to use VMIS to manage your volunteers and approve hours.

Employment Readiness Program

Military Spouse Lunch & Learn Series: Enjoy our virtual session on FB about different employment topics. Resume Writing for the Private Sector: Create or update your resume for a private sector job, choose the best format, target your resume for the specific job, and write effective accomplishment bullets. Employment Jumpstart for the Military Spouse: Learn about information, resources, and services to assist you with your job search.

Building Your Federal Resume in USAJOBS: Military Spouse Edition: Walk through USAJOBS Resume Builder tool and learn valuable tips for applying for a federal position.

Ten Steps to a Federal Job: Learn the key steps in applying for a federal job from deciding which jobs to apply for to tailoring your resume to be rated "Best Qualified" for the position.

Exceptional Family Member Program

EFMP Pop Up Office: Meet with EFMP staff and get all your questions answered. Hosted on Ft Shafter. EFMP Sensory Fun Zone: Meet EFMP families at our Sensory Friendly playroom. Open to kids 0-6 years of age. ADHD Parent Support Group: Join other parents of kids with ADHD to share challenges and solutions in a safe and supportive space.

EFMP Movie Day: Watch a movie with other EFMP families. Hosted on Ft Shafter.

EFMP Spouses Step Out: Meet other spouses and families in EFMP while doing a safe and healthy activity.

Family Advocacy Program

Fundamentals of a Healthy Relationship: Learn and identify ways to strengthen your daily relationships.

Five Love Languages for Kids: Learn and understand your child's love language.

Balance of Life: Join us to learn the importance of balance in our everyday lives.

Little People, Big Feelings: Learn and identify ways to strengthen your parenting skills and help your kiddos navigate their emotions.

Mind Matters: Learn and identify ways to create a healthier mindset and manage stress and anger.

Financial Readiness Program

PCS Milestone: Address main financial considerations regarding a PCS.

Marriage Milestone: This class can help you and your new spouse organize your finances efficiently and work through financial changes marriage brings.

Disabling Sickness or Condition: Learn about health care decisions and your role as caregiver.

Promotion Milestone: Learn about organizing your finances as you are going through promotion. <u>Mobilization</u>, <u>Deployment</u>, <u>& Stability Support Operations</u>

Command Teams: Learn about the roles and responsibilities of the command team in the SFRG. SFRG Leader: Learn about the Leader role in the SFRG.

Informal Funds Custodian: Learn authorized uses of SFRG informal funds and the requirements of this role. Family Readiness Advisor : Identify, define and understand components of successful SFRG operations. Key Contact: Learn roles and responsibilities while communicating with Family Members.

Command Family Readiness Representative (CFRR): Identify roles and responsibilities of the CFRR. <u>New Parent Support Program</u>

Understanding Breastfeeding: Learn the essentials on the benefits and basics of breastfeeding. Infant CPR & Choking: American Heart Association CPR course teaches hands on CPR lifesaving skills. Newborn Care Class: Learn the basics of caring for your newborn: diaper changes, feeding, safety & adjusting to parenthood.

Childbirth & Postpartum Care: Covers stages of labor, comfort techniques, infant attachment and more. Creating Healthy & Safe Environments: BY REQUEST ONLY .

Relocation Readiness Program

Sponsorship Training: Learn how to meet sponsorship requirements and connect Newcomers with resources. Coffee, Culture & Crafts: Sip coffee, learn about Hawaiian culture, and made a traditional craft. ACS Board Bootcamp: Prepare for a board by getting an overview of all the programs at ACS and their benefits.