DECEMBER CLASS CALENDAR

Army Volunteer Corps

VMIS Orientation | 3, 17 | 1330-1400 OPOC Training | 3, 17 | 1400-1430

Employment Readiness Program

Resume Writing for the Private Sector | 3 | 1000-1200 Military Spouse Lunch & Learn Series | 9 | 1100-1200 Employment Jumpstart for the Military Spouse | 13 | 1000-1130 Building Your Federal Resume in USAJOBS - Military Spouse Edition | 10 | 0900-1130

Ten Steps to a Federal Job | 17 | 0900-1130

Exceptional Family Member Program

EFMP Pop Up Office | 2, 9, 16, 23, 30 | 1100-1200

EFMP Sensory Fun Zone | 20, 27 | 0900-1030 | 4, 11 | 1430-1600

ADHD Parent Support Group | 10 | 1000-1100

EFMP Movie Day | 10 | 1430-1630

EFMP Spouses Step Out | 13 | 0800-1000

Family Advocacy Program

Five Love Languages for Kids | 4 | 1200-1300

Balance of Life | 11 | 1200-1300

Fundamentals of a Healthy Relationship | 13 | 1200-1300

Little People, Big Feelings | 18 | 1200-1300

Mind Matters | 27 | 1200-1300

Financial Readiness Program

Vesting in the TSP | 4 | 1000-1130

Continuation Pay Milestone | 11 | 1000-1130

Marriage Milestone | 18 | 1000-1130

Mobilization, Deployment, & Stability Support Operations

SFRG Leader | 4 | 0930-1530

Informal Funds Custodian | 11 | 1300-1600

Key Contact | 18 | 1400-1600

New Parent Support Program

Understanding Breastfeeding | 5 | 1300-1530

Infant CPR & Choking | 12 | 1100-1230

Newborn Care Class | 12 | 1300-1530

Childbirth & Postpartum Care | 19 | 1100-1230

Creating Healthy & Safe Environments | 19 | 1300-1530

Relocation Readiness Program

Sponsorship Training | 11 | 1330-1430

Coffee, Culture & Crafts | 16 | 1000-1130

ACS Board Bootcamp | 30 | 1200-1230



ACS Closed:

6 Dec: ACS In-Service 25 Dec: Christmas

Scan Me!









Sign up for a Class



FAP Playgroups • 1000-1200

Schofield Library | 3, 10, 17 | AMR Community Center | 5 | HMR Chapel | 12, 26 |









Army Volunteer Corps

VMIS Orientation: Learn how to use VMIS to track your volunteer hours.

OPOC Training: Learn how to use VMIS to manage your volunteers and approve hours.

Employment Readiness Program

 $\label{lem:military Spouse Lunch \& Learn Series: Enjoy our virtual session on FB about different employment topics.$

Resume Writing for the Private Sector: Create or update your resume for a private sector job, choose the best format, target your resume for the specific job, and write effective accomplishment bullets.

Employment Jumpstart for the Military Spouse: Learn about information, resources, and services to assist you with your job search.

Building Your Federal Resume in USAJOBS: Military Spouse Edition: Walk through USAJOBS Resume Builder tool and learn valuable tips for applying for a federal position.

Ten Steps to a Federal Job: Learn the key steps in applying for a federal job from deciding which jobs to apply for to tailoring your resume to be rated "Best Qualified" for the position.

Exceptional Family Member Program

EFMP Pop Up Office: Meet with EFMP staff and get all your questions answered. Hosted on Ft Shafter.

EFMP Sensory Fun Zone: Meet EFMP families at our Sensory Friendly playroom. Open to kids 0-6 years of age.

ADHD Parent Support Group: Join other parents of kids with ADHD to share challenges and solutions in a safe and supportive space.

EFMP Movie Day: Watch a movie with other EFMP families. Hosted on Ft Shafter.

EFMP Spouses Step Out: Meet other spouses and families in EFMP while doing a safe and healthy activity.

Family Advocacy Program

Fundamentals of a Healthy Relationship: Learn and identify ways to strengthen your daily relationships.

Five Love Languages for Kids: Learn and understand your child's love language.

Balance of Life: Join us to learn the importance of balance in our everyday lives.

Little People, Big Feelings: Learn and identify ways to strengthen your parenting skills and help your kiddos navigate their emotions.

Mind Matters: Learn and identify ways to create a healthier mindset and manage stress and anger.

Financial Readiness Program

Vesting in the TSP: Address any questions you may have about BRS, TSP, & investment.

Continuation Pay Milestone: Address any questions or concerns about continuation pay.

Marriage Milestone: This class can help you and your new spouse organize your finances efficiently and work through financial changes marriage brings.

Mobilization, Deployment, & Stability Support Operations

SFRG Leader: Learn about the Leader role in the SFRG.

Informal Funds Custodian: Learn authorized uses of SFRG informal funds and the requirements of this role.

Key Contact: Learn roles and responsibilities while communicating with Family Members.

New Parent Support Program

Understanding Breastfeeding: Learn the essentials on the benefits and basics of breastfeeding.

Infant CPR & Choking: American Heart Association CPR course teaches hands on CPR lifesaving skills.

Newborn Care Class: Learn the basics of caring for your newborn: diaper changes, feeding, safety & adjusting to parenthood.

Childbirth & Postpartum Care: Covers stages of labor, comfort techniques, infant attachment and more.

Creating Healthy & Safe Environments: Learn ways to thrive as a family with a healthy and safe home environment.

Relocation Readiness Program

Sponsorship Training: Learn how to meet sponsorship requirements and connect Newcomers with resources.

Coffee, Culture & Crafts: Sip coffee, learn about Hawaiian culture, and made a traditional craft.

ACS Board Bootcamp: Prepare for a board by getting an overview of all the programs at ACS and their benefits.