# HOMESCHOOL FITNESS PROGRAM





**EVERY THURSDAY** 

NOVEMBER 6-DECEMBER 18

11:30 A.M.-12:30 P.M.

Are you a homeschooling parent looking for a fun and educational way to keep your kids active while earning school credits? The CYS Homeschool Fitness Program offers a unique blend of physical activity and learning to keep your kids engaged and healthy.

## STRATION DATES: OCTOBER 1-31

\$30 per child

Must be CYS registered. Year of eligibility: 2007-2020 Must be 5 years old by November 6, 2025.

#### **REGISTER AT:**

**Parent Central Services** 

Schofield Barracks

241 Hewitt St. Bldg. 1283 (808) 787-7464

**AMR Parent Central Service** 

Please contact Schofield Barracks office at (808) 787-7464

#### **REQUIREMENTS:**

- Identification Card
- Medical Action Play (MAP) required if there is a health condition
- Health Assessment/Sports Physical Statement (HASPS) required for all participants
- The EFMP form (DA7725 Health Screening Tool) is a requirement for all registrations, regardless of EFMP status

### **LOCATIONS**

Bennett Youth Center Gym

2251 McMahon Road, Bldg. 9090 Schofield Barracks, Hawaii 96857 AMR School Age Center Gym

154 Kauhini Road, Bldg. 1782 Honolulu, Hawaii 96818

For information regarding our Youth Sports Program or becoming a Volunteer Coach, contact your local Youth Sports Office: Schofield Barracks or Aliamanu Military Reservation





#### PROGRAM INFORMATION

Schofield Barracks Youth Sports & Fitness • (808) 787-4110

AMR • (808) 787-4141

Scan QR code for hours of operation.

