







## IN SEPTEMBER

FRIDAY,
SEPTEMBER 12

6 PoMor12 AoMo

FREE

An evening packed with thythm, blavor, and fun!

Food and Drink Specials will be available for purchase.





CENTER

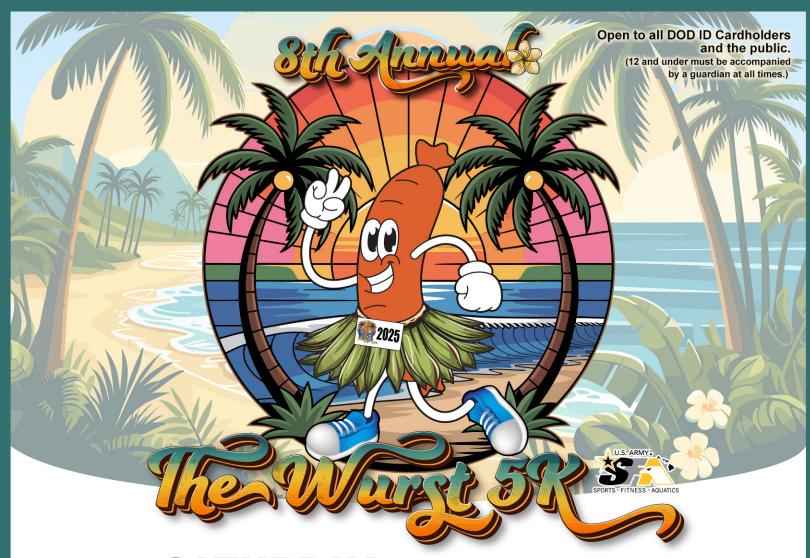


SCAN ME

For more information, call The Hangar Entertainment Centeral (808) 787-4395.
785 Wildin Avanue - Bilg. 685 Wheeler Amy Air Field, Haveil 68667







# SATURDAY, SEPTEMBER 27 • 5 P.M.

Weyand Field • Schofield Barracks

Dress in traditional Bavarian attire, lace up your running shoes, and enjoy a variety of classic German food!

Cold adult beverages (21 & older) or Root Beer for all finishers.

No Refunds • No Pets Allowed • Strollers are Permitted

## Limited to the first 300 participants

Call (808) 787-5739 to register over the phone or register in person at any
Army Physical Fitness Center
(Excluding WAAF).

For more information, call the Lee Health & Fitness Center at (808) 787-5738.

ENTRY FEE: (Credit card only)

EARLY ENTRY BY
MONDAY, SEPTEMBER 1

\$25 per person Medal guaranteed

LATE ENTRY BY WEDNESDAY, SEPTEMBER 24

\$30 per person

Medal while supplies last

Deadline for the general public: Monday, September 8

RACE DAY REGISTRATION: 3:45-4:45 P.M.

\$30 per person

Medal while supplies last

EVENT SHIRTS WILL BE AVAILABLE FOR PURCHASE ON RACE DAY (While supplies last).







HiMWR.com or MWR HAWAII



SEPTEMBER **PROGRAMS** 

Registration deadline: 48 hours prior to the event date. Open to all DOD ID Cardholders (all children must be accompanied by a guardian).

#### Saturday. September 6

#### **Paddleboard Fitness** Challenge

Greet the sunrise at beautiful Haleiwa Beach Park, Compete in a series of exercises designed to challenge your brain, body and balance! Receive a T-Shirt just for signing up! Compete for the fastest time and a chance to win various prizes!

Prices: \$35 per person | \$25 if you bring your own SUP

Time: 6:30-9 a.m. | Location: Haleiwa Beach Park & Anahulu River | Age: 13 & up Must be able to swim 300 meters and tread water 1 minute.



### Saturday, September 13

#### **Adult Moonlight** Paddle

Jump on a paddleboard or kayak, or save by sharing a tandem with your friend or partner. All vessels will be outfitted with glow sticks for a special atmospheric journey, and the calm, still river is perfect for beginners seeking a relaxing ride.

Prices: \$75 per SUP/Kayak (single) | \$100 per Kayak (tandem) Time: 6:30-8:30 p.m. | Location: Haleiwa Beach Park & Anahulu River | Age: 18 & up

#### Saturday. September 20

#### Intro to Surf

When in Hawai'i, do as the locals do and SURE! Come join Outdoor Recreation's experienced teachers for a day of sun, surfing, and sea at White Plains Beach, and learn how to ride the waves!

#### Prices: \$85 per person

Time: 9-11 a.m. | Location: White Plains Beach | Age: 10 & up Must be able to swim 300 meters and tread water 1 minute.

PLEASE BRING: Sunscreen/sun protective clothing, water, snacks, and excitement!

RENTALS: Stop by the Outdoor Recreation











# OCTOBER PROGRAMS

Registration deadline: 48 hours prior to the event date. Open to all DOD ID Cardholders (all children must be accompanied by a guardian).



## Saturday. October 4

## **B.O.S.S. Life Skills: Ocean Awareness**

Are you a member of B.O.S.S. who wants to get out and experience the oceans of Hawai'i, but aren't confident that you know how to safely? Join Outdoor Recreation's knowledgeable staff for a crash course in all things ocean, from currents and marine life to local customs and sun protection, all based on American Red Cross curriculum and taught by ARC certified Lifeguards.

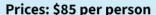
Registration: Through B.O.S.S.

Time: 9 a.m.-12 p.m. | Location: Haleiwa Ali'i Beach Park

## Saturday, October 18

## **Intro to Surf**

Surfing is one of Hawai'i's oldest and greatest pastimes and is easy to learn with the right guidance and equipment! Come join Outdoor Recreation's experienced teachers for a day of sun, surfing, and sea at White Plains Beach, and learn how to ride the waves! Bring plenty of sunscreen, water, and sun protective gear, because shredding waves can generate some serious heat!



Time: 9-11 a.m. | Location: White Plains Beach | Age: 10 & up Must be able to swim 300 meters and tread water 1 minute



## Thursday, October 30

## Halloween **Pumpkin Blitz**

Celebrate Halloween early with a "smashing" activity that's sure to be a "scream!" Bump your friends and family in our festively decorated inflatable Blitz Balls while playing various games and activities, all in ODR's netted arena! Be sure to bring CLOSED-TOE SHOES (mandatory).

Prices: \$20 per person

Time: 6-8 p.m. | Location: Outdoor Recreation Center | Age: 6 & up (All children must be accompanied by a guardian. Attendees must wear closed toe-shoes.)

Experience Hawaffi with the Outdoor Recreation Centers For more information, call (808) 787-4097 • 435 Ulrich Way • Bldg. 2110 • Schofield Barracks, HI 96851 othing, water, snacks, and excitement!

**RENTALS:** Stop by the Outdoor Recreation surfboards, camping gear, stand up paddleboards, and more!







PLEASE BRING: Sunscreen/sun protective

