

Ready for the best (or should we say, the Wurst) run of the year?
Strap on your running shoes and join us for



Open to all DOD
ID Cardholders
and the public.

Saturday, September 26 ♦ 5 p.m.
Weyand Field, Schofield Barracks

**Stop at 3 food stations to
sample German type foods.**

Early Entry: \$25 per person
Finisher medal guaranteed
Must register by Friday, August 28

Late Entry: \$30 per person
Finisher medal while supplies last; not guaranteed
Saturday, August 29 - Wednesday, September 23

Race Day Registration: (3:45-4:45 p.m.):
\$30 per person
Finisher medal while supplies last; not guaranteed

No refunds • Strollers are permitted

HOW TO REGISTER:

In Person
at any Army
Physical Fitness
Center
(excluding WAAF)
or
by phone

Call
(808) 787- 5739

Credit card only.

**We're bringing the fun
with an evening run and
celebrating at the finish line
with a cold adult beverage
for finishers 21+
and delicious Root Beer
for the keiki!**

**For more information, call
Sports Fitness & Aquatics at
(808) 787- 5738**

HiMWR.com or USAG HAWAII



Open to all DOD ID Cardholders and the public.

**SATURDAY,
OCTOBER
24**

WYAND FIELD, SCHOFIELD BARRACKS

2 Mile Route- Start/ Finish at Weyand Field.
Out and back route West down Cadet Sheridan, to Kolekole Ave,
down Waianae Uka Ave, U-Turn at Carpenter St.

Inflatable INVASION FUN RUN

4:30 P.M.

Early Entry: \$20 per person
Finisher medal guaranteed
Must register by Saturday, September 26

Late Entry: \$25 per person
Finisher medal while supplies last; not guaranteed
Sunday, September 27 - Wednesday, October 21

Race Day Registration:
\$25 per person (Credit card only)
Finisher medal while supplies last; not guaranteed

Check-In: 3:30-4:15 p.m.
Safety Brief: 4:20 p.m.

No refunds • Strollers are permitted

HOW TO REGISTER:

In Person
at any Army
Physical Fitness
Center
(excluding WAAF)
or
by phone

Call
(808) 787- 5739

Credit card only.

For more
information, call
Sports Fitness
& Aquatics at
(808) 787- 5738

- Inflatable costumes are encouraged but not required. Bring your favorite costume and come enjoy the fun run.
- Fun Run will take place prior to Spooktacular. Enjoy Spooktacular activities after the Fun Run.



HiMWR.com or USAG HAWAII



Open to all
DOD ID cardholders
and Sponsored Guest
Players (non- military
with DOD cardholder)
Ages 18 & over



**TOURNAMENT
FORMAT:**
Double Elimination
Tournament,
depending on the
number of teams that
sign up.

SATURDAY, OCTOBER 17

Newly Renovated- Schofield Barracks Pickleball Courts adjacent to the Schofield Barracks Arts & Crafts Center (Bldg. 572) and Post Conference Room (Bldg. 584)

CHECK IN:
Saturday, October 17 at 7:00 a.m.

AWARDS:
Awards will be presented to both members of the
1st, 2nd, and 3rd place teams in each division.

FOR MORE INFORMATION:
Please contact the Sports Office: (808) 787-0715/ 0716

Email:
usarmy.schofield.id-pacific.list.intramural-sports-office-staff@army.mil
USAG Hawaii DFMWR Sports Office
located on Schofield Barracks,
730 Leilehua Ave., Bldg. 645, Room 2



EARLY REGISTRATION:
\$75 per team • Shirt Guaranteed
(Jersey sizes subject to vary based on availability.)
Pre-Register by Friday, October 2

LATE REGISTRATION:
\$100 per team • Shirt Not Guaranteed
Register by Friday, October 9

REGISTER:
Register in person at any Army Hawaii
Physical Fitness Center (except WAAF)

DIVISIONS:
Women's Doubles, Men's Doubles, & Mixed Doubles.
Novice (Beginners) and Open (Advanced) Divisions.
Must have at least 4 teams for each division.
If minimum requirement is not met, divisions will be combined
with no gender mix requirement.
Maximum teams per division - 8 teams



SYSTEMCENTER

This sponsorship does not constitute DOD, Army or Federal Government endorsement.



HIMWR.com or [USAG HAWAII](https://www.usag-hawaii.com)

UPDATE



24/7 Fitness orientations are held at Lee Health & Fitness Center, Martinez, and TAMC Physical Fitness Centers for All DOD ID Cardholders 18 years of age or older. See the **September** schedule below.

24/7 FITNESS ORIENTATION

Lee Health & Fitness Center, Martinez Physical Fitness Center, and Tripler Army Medical Center Physical Fitness Center

SEPTEMBER 2026

ORIENTATION SCHEDULE

Orientations are available on a walk-in basis daily after 8:00 a.m.

A Statement of Understanding will be completed and signed to register for access.

E-4 & below will require Commander signature • All dependents of AD Soldiers will require AD signature

For more information, call (808) 787-0721.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	Martinez PFC 12 p.m. TAMC PFC 6 p.m. 1	Lee HFC 6 p.m. 2	Martinez PFC 12 p.m. TAMC PFC 6 p.m. 3	4	Martinez PFC 9:30 a.m. 5
6	HAPPY LABOR DAY 7	Martinez PFC 12 p.m. TAMC PFC 6 p.m. 8	Lee HFC 6 p.m. 9	Martinez PFC 12 p.m. TAMC PFC 6 p.m. 10	11	Martinez PFC 9:30 a.m. 12
13	Lee HFC 6 p.m. 14	Martinez PFC 12 p.m. TAMC PFC 6 p.m. 15	Lee HFC 6 p.m. 16	Martinez PFC 12 p.m. TAMC PFC 6 p.m. 17	18	Martinez PFC 9:30 a.m. 19
20	Lee HFC 6 p.m. 21	Martinez PFC 12 p.m. TAMC PFC 6 p.m. 22	Lee HFC 6 p.m. 23	Martinez PFC 12 p.m. TAMC PFC 6 p.m. 24	25	Martinez PFC 9:30 a.m. 26
27	Lee HFC 6 p.m. 28	Martinez PFC 12 p.m. TAMC PFC 6 p.m. 29	Lee HFC 6 p.m. 30	1	2	3



HiMWR.com or f USAG HAWAII @



SEPTEMBER 2026

FITNESS CLASS SCHEDULE

Lee Health & Fitness Center
Monday - Friday
6 a.m.-7 p.m.

**Single Class: \$4
(Credit/Debit Card Only)**

For more information, call
(808) 787-5739.

Open to all DOD ID Cardholders.

Unit PT Fitness Classes: 6:30-7:30 a.m. (Appointment only).

*Spin
Coach Heidi*

*Special
Event*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 <u>Spin</u> 9 a.m.	3	4	5
6	7 HAPPY Labor Day Gym closed	8	9 <u>Spin</u> 9 a.m.	10	11 9/11 Memorial Stair Climb Challenge @Lee HFC	12
13	14	15	16 <u>Spin</u> 9 a.m.	17	18	19
20	21	22	23 <u>Spin</u> 9 a.m.	24	25	26 Wurst 5K Run @Weyand Field
27	28	29	30 <u>Spin</u> 9 a.m.			



HiMWR.com or USAG HAWAII



USAG HAWAII SPORTS, FITNESS & AQUATICS

FIVE HUNDRED MILE HOLOMUA KAKOU MILE RUN CLUB

OPEN TO ALL DOD ID CARDHOLDERS

January 1, 2026 - December 31, 2026

Register at any MWR Physical Fitness Center
(Except WAAF)

Join the Hololomua Kakou (Let's Go Ahead), 500 mile run club.
Challenge yourself to reach a total of 500 miles!
As a reward for your dedication, you'll receive a

FREE HOLOMUA KAKOU T-SHIRT



once you complete the distance.
Whether you're a seasoned runner
or just starting out, you have from
when you start the challenge
until December 31, 2026 to complete
the 500 miles.

So, lace up your shoes, track your
miles at one of our facilities and
celebrate your achievement with us.

Call or visit one of our
MWR Physical Fitness
Centers
for more information.

SCAN ME



Scan the QR code for
facility hours of operation.



[HiMWR.com](https://www.himwr.com) or [f](#) MWR HAWAII [@](#)

Download MY ARMY POST APP



MARTINEZ FITNESS FACILITY



Thursday, January 1 - Thursday, December 31, 2026

**TO BE A MEMBER OF THIS CLUB,
THE TOTAL OF YOUR BEST EFFORTS
IN THE SQUAT, DEAD LIFT AND BENCH
PRESS ON A SINGLE LIFT NEEDS TO
TOTAL 1,000 POUNDS OR MORE.**

*The participant will perform the Squat, Bench Press, and Deadlift.
The total numbers from all three lifts together should total 1,000 pounds.*

1,000 Club Entry example:

Dead Lift: 500 lbs. + Squat: 400 lbs. + Bench Press: 200 lbs.
= 1,100 lbs. Total

**Reps that do not meet these guidelines will not be counted.*

\$15 **PER PERSON**
includes a shirt
(while supplies last)
\$5 without shirt

Open to all DOW ID Cardholders 18 years & older.

AWARDS

BRAGGING RIGHTS!

Picture will be posted and the top 3 totals
for both 1000lb and 500lb will receive awards!

Monday - Friday: 5 a.m.-8 p.m.
Saturday & Sunday: 7 a.m.-1 p.m.

**FOR MORE INFORMATION,
PLEASE SEE STAFF ON
DUTY OR CALL:
(808) 787-0721.**



HiMWR.com or [MWR HAWAII](https://www.facebook.com/MWRHawaii)

Download MY ARMY POST APP



Lee Health & Fitness Center

POWER PLAY BINGO

HOW TO PLAY:

- Complete Each Block
- Perform the activity listed in each block on your Bingo Card.
- Once you've completed an activity, let the staff know to mark your progress.

Your Bingo Card is good for 3 months, which means you have 3 months to either "Form a Line" and complete the BLACKOUT Challenge. You don't have to complete all the blocks at once – pace yourself, you have 3 months to enjoy the challenge.

HOW TO WIN:

- **Form a Line:** Complete a horizontal, vertical, or diagonal line on your Bingo Card.
- Once you've completed a line, let the staff know and claim your small prize.
- **Blackout Challenge:** Complete every block on your Power Play Bingo Card to achieve a BLACKOUT.

BLACKOUT winners will receive an exclusive SFA Hawaii Swag Item.

Power Play Bingo combines fun fitness activities with healthy habits to keep you moving and motivated.

**GET YOUR POWER PLAY
BINGO CARD TODAY!**



FREE

Any questions, please see
Lee Health & Fitness Center Staff

HiMWR.com or [MWR HAWAII](#)

Download MY ARMY POST APP





In honor of the Na Wahine O Ke Kai,
WPFC will be hosting a rowing
challenge for all DOD ID Cardholders
ages 16 & up!

**Register
through the
month of
September.**

**This is a
FREE
Event.**

ROWING CHALLENGE

WHEELER PHYSICAL FITNESS CENTER

Head to Wheeler Physical Fitness Center
and row through the month of
September to complete 26.2 miles!
Participants may log their
progress over the course
of September.

**Complete the challenge
and head to the
front desk to claim a free
T-shirt and wristband!**

SCAN ME



Scan the QR code or visit
[Hawaii.armymwr.com/categories/sports-and-fitness](https://hawaii.armymwr.com/categories/sports-and-fitness)
for facility hours of operations.

For more information, call

(808) 787-1317/1318

1129 Wright Avenue • Bldg. 102
Wheeler Army Airfield, HI



[HiMWR.com](https://www.himwr.com) or [USAG HAWAII](https://www.usag-hawaii.com)



TAMC PHYSICAL FITNESS CENTER PRESENTS

Fall into Wellness

Open to Active-Duty Service Members, Family Members, and Authorized DOD ID Cardholders age 18 and older.



READY TO BUILD A BETTER ROUTINE?

"Fall" into Wellness is a 30-day challenge designed to encourage members to build consistent healthy habits through movement, nutrition, recovery, and community engagement.

This program creates a fun, motivating, and inclusive environment that promotes overall health and wellness for all fitness levels.

Participants will earn points by completing daily wellness activities and tracking their progress throughout the month of September!

Free to Participate

Register and track your progress at the TAMC Physical Fitness Center.

TRACK: Complete daily wellness activities encompassing movement, nutrition, and recovery.

EARN POINTS: Log your progress on your tracker at the TAMC PFC throughout the month of September.

CHECK THE LEADERBOARD!

Keep an eye on the large lobby leaderboard at the TAMC PFC!

We will be actively displaying top participants, current streaks, and overall standings so you can see how you stack up.

POINT SYSTEM

Category	Daily Activity	Points Earned
Fitness	30-Minute Workout	1 Point
	60-Minute Workout	2 Points
	90+ Minute Workout	3 Points
	10,000+ Steps	1 Point
	Attend a Group Fitness Class	1 Point
Recovery & Wellness	7+ Hours of Sleep	1 Point
	10+ Minutes of Intentional Recovery (stretching, foam rolling, yoga, mobility, sauna, etc.)	1 Point
	5-10 Minutes of Journaling, Reflection, or Gratitude	1 Point
	5-10 Minutes of Mindfulness (breathing, meditation, or mindfulness practice)	1 Point
Nutrition & Lifestyle	Hydration: 64 oz (2L) of Water	1 Point
	Include a Protein Source with All Main Meals	1 Point
Community	Bring a Guest to the Gym for a Workout (if eligible)	2 Points

Table 2: Streak Bonus Points

Streak Length	Bonus Points Awarded
3-Day Streak	+3 Points
7-Day Streak	+7 Points
21-Day Streak	+15 Points
30-Day Streak	+25 Points

ACTIVITY	Sept. 1	Sept. 2	Sept. 3	Sept. 4	Sept. 5	Sept. 6	Sept. 7	Sept. 8	Sept. 9	Sept. 10	Sept. 11	Sept. 12
30-Minute Workout												
60-Minute Workout												
90-Minute Workout												
10,000+ Steps												
5-10 Minutes of Journaling, Reflecting, or Gratitude Writing												
64 oz. (2L) of Water per Day												
Include a Protein Source with All Main Meals												
7-Hour Sleep												
10-Minute Recovery												
5-10 Minute Mindfulness												



HiMWR.com



USAG HAWAII



Download MY ARMY POST APP





2026 INTRAMURAL SPORTS CALENDAR

JANUARY - APRIL

	BASKETBALL LEAGUE (R)	MARTINEZ / HMR / TAMC
	3-POINT SHOOTOUT (R)	MARTINEZ / HMR / TAMC
	KICKBALL TOURNAMENT (O)	STONEMAN COMPLEX / TAKATA FIELD
	VOLLEYBALL TOURNAMENT (R)	MARTINEZ / HMR
	FUTSAL/INDOOR SOCCER TOURNAMENT (R)	MARTINEZ / HMR
APR 24-26	STONEMAN SHOWDOWN SOFTBALL TOURNAMENT (O)(\$)	STONEMAN COMPLEX

MAY - AUGUST

MAY 8-10	STRONG BANDS HO'OKUKU PICKLEBALL TOURNAMENT (O)(\$)	ARTS & CRAFTS PICKLEBALL COURTS
	SOFTBALL LEAGUE (R)	STONEMAN COMPLEX / TAKATA FIELD
	SPEEDBALL TOURNAMENT (O)	STONEMAN STADIUM
	OUTDOOR SOCCER LEAGUE (R)	STONEMAN STADIUM
JUL 10-12	SUMMER SLUGFEST SOFTBALL TOURNAMENT (O)(\$)	STONEMAN COMPLEX
	DODGEBALL TOURNAMENT (O)	MARTINEZ / HMR
	CORNHOLE TOURNAMENT (O)	THE HANGAR ENTERTAINMENT CENTER
	ARMY HAWAII DISC GOLF TOURNAMENT (O)	STONEMAN COMPLEX
	ARMY HAWAII SAND VOLLEYBALL TOURNAMENT (O)	TROPICS RECREATION CENTER
	FLAG FOOTBALL LEAGUE (R)	STONEMAN STADIUM / TAKATA FIELD

SEPTEMBER - DECEMBER

SEP 11-13	SEPTEMBER SERIES SOFTBALL TOURNAMENT (O)(\$)	STONEMAN COMPLEX
	ULTIMATE FRISBEE TOURNAMENT (O)	STONEMAN STADIUM / TAKATA FIELD
OCT 16-18	PICKLE-OR-TREAT PICKLEBALL TOURNAMENT (O)(\$)	ARTS & CRAFTS PICKLEBALL COURTS
	RUGBY RUMBLE TOURNAMENT (O)	STONEMAN STADIUM / TAKATA FIELD
	SLEIGH THE COURT BASKETBALL TOURNAMENT (R)	MARTINEZ OR HMR

(R)- PARTICIPATION RESTRICTED TO ACTIVE DUTY ARMY SOLDIERS, ARMY RESERVISTS AND ARMY NATIONAL GUARDSMEN ONLY.

(O)- PARTICIPATION OPEN TO ALL SERVICEMEN AND SERVICEWOMEN OF ANY MILITARY BRANCH (INCLUDING RESERVISTS AND NATIONAL GUARDSMEN), MILITARY DEPENDENTS, MILITARY RETIREES, AND ALL DOW CARDHOLDERS. ALL PARTICIPANTS MUST BE 18 YEARS OF AGE OR OLDER.

(\$)- FEES MAY APPLY

* ALL PROGRAM DATES ARE TENTATIVE AND ARE SUBJECT TO CHANGE BASED ON NUMBER OF SUBMITTED REGISTRATIONS.

FOR MORE INFORMATION, CONTACT INTRAMURAL SPORTS OFFICE AT (808) 787-0717, (808) 787-0718 OR (808) 787-0715.

730 LEILEHUA AVE, BLDG. 645 ROOM 2, SCHOFIELD BARRACKS 96857 • INFORMATION MAY ALSO BE OBTAINED VIA THE MWR SPORTS WEBSITE OR FACEBOOK AT IMARMYSPOHSHI



HiMWR.com or **f** MWR HAWAII **@**



LET'S KEEP OUR COURTS CLEAN!

WE LOVE SEEING EVERYONE ENJOY OUR PICKLEBALL COURTS! TO KEEP THEM SAFE AND FUN FOR ALL, PLEASE REFRAIN FROM USING CHALK OR ANY OTHER MATERIALS TO DRAW, TRACE, ETCH, OR MARK ON THE PLAYING SURFACES. YOUR COOPERATION HELPS US MAINTAIN A CLEAN, SAFE, AND LONG-LASTING COURT FOR OUR COMMUNITY.



Mahalo Nui Loa!



CARDBOARD Boat Races

Free!



**Saturday,
October 3**

**10 a.m.-12 p.m.
Richardson Pool**

1757 Kolekole Ave., Bldg. 578
Schofield Barracks, HI 96857

Check-in starts at 9 a.m.
Boats must be ready to race by 10 a.m.

PURPOSE:

To design and construct a cardboard boat that can carry a crew of a captain and mates (Minimum 1 person, Maximum of 3 crew members). It will need to be able to stay afloat for approximately 50 meters (around/through the pool obstacle course).

ALL PARTICIPANTS WILL WEAR THE PFDS PROVIDED BY THE FACILITY AT ALL TIMES.

BOAT REQUIREMENTS:

- All boats must be built before the event and will undergo an inspection at check-in to avoid disqualification.
(Teams must also include a mast no taller than 4 feet high)
- Your boat, including any oars or paddles, must be constructed using only corrugated cardboard, duct tape, and plastic bottles or containers.
- The hull cannot be wrapped or covered with tape, wax, or crayons. Instead, waterproof the vessel by taping the bottom seams from the inside only.
- Prohibited materials include wax-based cardboard and enamel paints, as well as any other substance that could bleed into the pool.
- Any decorations you add must also serve a functional purpose by aiding in the boat's flotation.

For more information, call Richardson Pool
(808) 787-4090

Registration
Deadline:
Wednesday,
September 30
by 4 p.m.



AWARDS:

- **Best in Show:**
Most creatively designed boat.
- **The Titanic Award:**
Team with the most dramatic sinking!
- **Fastest to Finish:**
Team to cross the finish line in the fastest time!
- **Best Team Uniforms:**
Captain, first mate, and supporting crew themed costumes will be judged on originality and authenticity.

SCAN ME



Scan QR code
for hours of
operation
and rules.



HiMWR.com or USAG HAWAII

Download MY ARMY POST APP



Tripler Army Medical Center Pool
&
Richardson Pool
2026
SERVICE MEMBER

LEARN TO SWIM COURSE

Two-week course
One hour per day/
5 days a week



Open to active duty military personnel.

TAMC POOL SCHEDULE: (Tripler Army Medical Center)

Class Start Date:	Graduation Date:
Monday, March 9, 2026	Friday, March 20, 2026
Monday, April 6, 2026	Friday, April 17, 2026
Monday, April 20, 2026	Friday, May 1, 2026
Monday, May 11, 2026	Friday, May 22, 2026
Monday, June 8, 2026	Friday, June 18, 2026
Monday, July 6, 2026	Friday, July 17, 2026
Monday, July 20, 2026	Friday, July 31, 2026
Monday, August 10, 2026	Friday, August 21, 2026
Monday, August 24, 2026	Friday, September 4, 2026
Monday, September 14, 2026	Friday, September 25, 2026
Monday, September 28, 2026	Friday, October 9, 2026

RICHARDSON POOL SCHEDULE: (Schofield Barracks)

Class Start Date:	Graduation Date:
Monday, March 9, 2026	Friday, March 20, 2026
Monday, March 23, 2026	Friday, April 3, 2026
Monday, April 13, 2026	Friday, April 24, 2026
Monday, May 11, 2026	Friday, May 22, 2026
Monday, June 8, 2026	Friday, June 18, 2026
Monday, July 6, 2026	Friday, July 17, 2026
Monday, July 20, 2026	Friday, July 31, 2026
Monday, August 10, 2026	Friday, August 21, 2026
Monday, August 24, 2026	Friday, September 4, 2026
Monday, September 7, 2026	Friday, September 18, 2026
Monday, September 21, 2026	Friday, October 2, 2026

Training packets must be submitted by your Training NCO or Training Officer to:
Installation Schools, USARHAW, Institutional Training Division
896 Menoher Road, Room 114, Schofield Barracks, HI 96857
Contact your Training NCO or Bde Schools for course enrollment.



HiMWR.com or f MWR HAWAII



Download MY ARMY POST APP



To participate in the Lifeguarding Course, participants must:

1. Swim 150 meters
2. Tread water for 2 minutes
3. Swim 50 meters
4. Complete Timed Skills Demonstration (Retrieve a 10lb object from 10-15ft feet of water in under 1 min, 40 secs.)

Courses are open to ages 15 & up, unless otherwise noted.

COST:
SERVICE MEMBERS
OF ALL BRANCHES: \$150
CIVILIANS: \$175



**American
Red Cross**

2026 Lifeguard Courses

Richardson Pool
Schofield Barracks

MONDAY - FRIDAY
9 A.M.-5:30 P.M.

COURSE DATES:

FEBRUARY 23 - 27
(All Ages)

MARCH 16 - 20
(High School Ages Only)

MARCH 23 - 27
(All Ages)

APRIL 27 - MAY 1
(All Ages)

MAY 18 - 22
(All Ages)

JUNE 1 - 5
(High School Ages Only)

JUNE 22 - 26
(All Ages)

JULY 20 - 22
(WATER FRONT)***

AUGUST 24 - 28
(All Ages)

SEPTEMBER 21 - 25
(All Ages)

OCTOBER 5 - 9
(High School Ages Only)

OCTOBER 19 - 23
(All Ages)

Pre-Requisite Demonstrations must be completed during these following hours:
Monday, Wednesday - Friday 8-9 a.m. & 11 a.m.-4 p.m.
Saturday 10 a.m.-4 p.m.

**For more information,
call (808) 787-4090.**



HiMWR.com or **f MWR HAWAII**

Download MY ARMY POST APP





PRIVATE SWIM LESSON

Open to all DoD Cardholders ages 3 years and older.



Class Type	Instructor#	Student#	One Session	Time	Price	Age
Private Lesson	1	1	5 classes per month	30 minutes	\$120	3 years and up
Semi-Private Lesson	1	2	5 classes per month	45 minutes	\$200	6 years and up (must be at the same skill level)

How to Sign Up?

In-person registration only. Waiver must be completed before classes are scheduled.

Schedule is on a first-come, first-served basis and month-to-month system.
(Doesn't have to be consecutive.)

Each session will be scheduled for the following month only.
(e.g.; register in March for April classes)

Payment will be collected after classes are scheduled.

SCAN ME



For complete details
scan QR code or visit:
<https://hawaii.armymwr.com>



HiMWR.com or [f MWR HAWAII](https://www.facebook.com/MWRHAWAII) [i](https://www.instagram.com/MWRHAWAII)



Mahalo Nui Loa from,
Team TAMC Takos

WALTER J. NAGORSKI GOLF COURSE



Nagorski G.C.
FORT SHAFTER, HAWAII

Fall KICK OFF Sale

Gear Up for Fall Golf Savings
10%



**TUESDAY, OCTOBER 6 -
SUNDAY, OCTOBER 18**

- Take 10% off all merchandise
- Members receive an additional 10% off

(Excludes golf balls, special orders, food & beverages, and tobacco products.)

SCAN ME



Open to DOD ID Cardholders and the public ages 7 years & older.
Public must have installation access, for more information visit
<https://home.army.mil/hawaii/about/visitor-information>
or scan the QR code.

**FOR MORE INFORMATION, CALL THE PRO SHOP AT
(808) 787-4016.**

HOURS OF OPERATION:

TUESDAY - SUNDAY: 6:30 A.M. - 6 P.M.

711 MORTON DRIVE • FORT SHAFTER, HI 96858



HiMWR.com or **f** **USAG HAWAII** **@**

Download MY ARMY POST APP



U.S. ARMY GOLF • HAWAII

GOLF FEES

Effective October 1, 2026



Walter J. Nagorski Golf Course

711 Morton Drive • Fort Shafter Hawaii • (808) 787-4016

DAILY GREEN FEES DISCOUNT CARDS

CATEGORY Play Cards are only honored at the golf course in which they are purchased from and are non-transferable.	9 HOLES	18 HOLES	10 PLAY	30 PLAY
E1 - E5 Active Duty Enlisted / Youth (17 & under)	\$12.00	\$20.00	\$180.00	\$510.00
All Remaining Authorized Users	\$19.00	\$31.00	\$300.00	\$850.00
Guest / Public	\$28.00	\$40.00	\$390.00	\$1,150.00
Golf Cart Fees	\$12.00	\$20.00	SINGLE RIDER	\$40.00

Rentals

Golf Clubs	\$7.50 (9-holes/Twilight)	\$15 (18-holes)
Push Cart	\$3 (9-holes/Twilight)	\$5 (18-holes)

In accordance with IMCOM Regulation 215-1-1 and AR 215-1.



Leilehua G.C.

199 Leilehua Road • Wahiawa Hawaii • (808) 787-4653

DAILY GREEN FEES DISCOUNT CARDS

CATEGORY Play Cards are only honored at the golf course in which they are purchased from and are non-transferable.	9 HOLES	18 HOLES	10 PLAY	30 PLAY
E1 - E5 Active Duty Enlisted / Youth (17 & under)	\$15.00	\$23.00	\$190.00	\$590.00
All Remaining Authorized Users	\$23.00	\$39.00	\$370.00	\$990.00
Guest / Public	\$32.00	\$49.00	\$480.00	\$1,390.00
Golf Cart Fees	\$12.00	\$20.00	SINGLE RIDER	\$40.00

Rentals

Golf Clubs	\$12.50 (9-holes/Twilight)	\$25 (18-holes)	Driving Range Balls	\$7 per token
Push Cart	\$3 (9-holes/Twilight)	\$5 (18-holes)	Key FOB	\$70 for \$91
			Spectator Fee	\$20

In accordance with IMCOM Regulation 215-1-1 and AR 215-1.



HiMWR.com or f USAG HAWAII @



Benefits:

- Complimentary green fees
- 15% off Pro Shop Merchandise
- Exclusive discounts on MWR tournament entry fees
- Reduced green fees at Leilehua Golf Course and any U.S. Army Golf Courses



Nagorski G.C.
FORT SHAFTER, HAWAII

OPEN TO THE PUBLIC

2027 MEMBERSHIP

JOIN TODAY!

Call the
Nagorski Pro Shop
at
(808) 787-4016
for membership
prices and
details.

About Nagorski Golf Course:

- 9 hole course, close to town, easy access to and from Honolulu
- Perfect place for golfers of all skill levels
- Breathtaking views of downtown Honolulu and Diamond Head.
- Great sales throughout the year in the Pro Shop
- Hole #6 was voted one of the best par fives in the state of Hawaii

Prices are pro-rated monthly.

Annual Payment	Single	Family
Rank E1 - E5	\$810	\$1,120
All Remaining Federal ID Card Holders	\$1,450	\$1,850
Civilian	\$1,900	\$2,320

711 Morton Drive • Fort Shafter • Honolulu, 96858



U.S. ARMY



HiMWR.com

or



USAG HAWAII



Download MY ARMY POST APP



Nagorski Golf Course

Open to all DOD ID
Cardholders and the public
ages 7 and older.

Proudly sponsored by
dedicated supporters
of DFMWR

Golf

CLINICS

Short Game Fundamentals

MONTHLY

First Saturday:
ADULTS

10 - 11:00 a.m.

Second Saturday:
YOUTH

(Ages 7 - 17 years old)

10 - 11:00 a.m.

Clinic days are
subject to cancellation.



Nagorski G.C.
FORT SHAFTER, HAWAII



Sharpen your skills and lower
your score with our complimentary
short game clinics held monthly
on our course.

**Free to
Participants.**

**Equipment
Provided
if Needed.**

Spaces are limited!

Registration Deadline:
Friday before each clinic.
Register at the Nagorski Golf Shop.

Where the game of golf begins!

**For more information, call
(808) 787-4016.**

711 Morton Drive • Fort Shafter • Honolulu, Hawaii

Open to DOD ID Cardholders and the public.
Public must have installation access, for more information visit
<https://home.army.mil/hawaii/about/visitor-information>
or scan the QR code.

SCAN ME



Download MY ARMY POST APP



HiMWR.com or MWR HAWAII

Open to General Public, DOD ID Cardholders and Guests.

**Need to get away for a couple of hours
while your other half enjoys the
Waikiki shopping???**

**Come to The Nagorski Golf Course,
on Fort Shafter, to play a quick
nine holes while you wait!**



HALE KOA & NAGORSKI GC
NINE HOLE
GOLF SPECIAL



Show your Hale Koa room key for the special pricing!

Special includes a green fee, cart fee and a rental set.

E1-E5 ACTIVE DUTY / JUNIORS (UNDER 17 YEARS OLD): \$23 PER PLAYER

ALL OTHER AUTHORIZED PATRONS: \$32 PER PLAYER

GUESTS/PUBLIC: \$40 PER PLAYER

For more information, please contact the Golf Pro Shop at (800) 707-4016.

Office Hours: Tuesday - Sunday 6:30 a.m.-6 p.m.
711 Morton Dr. • Fort Shafter • Hawaii 96858



HiMWR.com or f MWR HAWAII ©



JOIN OUR GYM

**USAG-Hawaii
MWR is looking
for group fitness
instructors.**

ALL APPLICANTS MUST SUBMIT

- Current certifications from a reputable & recognized organization
- Current CPR/First Aid/AED certificates (No Online certificates allowed)
- Current training insurance
- Hawaii State Business License with GET license
- Unique Entity ID(UEI) Number

**FOR MORE INFORMATION,
CONTACT HALEY RYAN:
(808) 787-5738 OR
HALEY.C.RYAN.NAF@ARMY.MIL**



HiMWR.com or MWR HAWAII



USAG Hawaii DFMWR Guidebook

The USAG Hawaii MWR Guidebook is your go-to resource for everything happening across our Army installations - featuring MWR facilities, programs, contact information, and maps.



Your guide to discovering everything MWR Hawaii has to offer - anytime, anywhere.

*Note: At this time, the USAG Hawaii MWR Guidebook is accessible only on non-government networks.



[HiMWR.com](https://www.himwr.com) or [f MWR HAWAII](https://www.facebook.com/MWRHAWAII) [@](https://www.instagram.com/MWRHAWAII)



Paid advertisement within this publication does not constitute DOD, Army, or Federal Government Endorsement.