



Hale Ikena Grand Buffet

For Week of September 2 - 6

Monday 9/2/19

Closed in Observance of Labor Day

Tuesday 9/3/19

Beef Tacos & Chicken Fajitas w/Flour Tortillas & Fixings
Spanish Rice, Refried Beans
Buttered Corn, Grilled Mexican Vegetables
Chicken Tortilla Soup, Beef Chili, Super Salad Bar
Tortellini w/Marinara Sauce

Wednesday 9/4/19

Swiss Steak, Turkey Broccoli Morney Casserette
Potato O'Brien, Rice Pilaf
California Blend Vegetables, Buttered Corn
Beef Barley, Soup du Jour, Super Salad Bar
Build Your Own Hamburger & Hot Dog Bar

Thursday 9/5/19

Beef Stir Fry, Boneless Fry Chicken
Steamed Rice, Roasted Red Potatoes
Savory Green Beans, Sautéed Carrots & Cauliflower
Minestrone, Soup du Jour, Super Salad Bar
Mango Glazed Pork Loin

Soul Food Friday 9/6/19

Fried Catfish, Fried Chicken
Mashed Potatoes w/Gravy, Blackeyed Peas
Collard Greens, Cream of Corn
Chicken Gumbo, Soup du Jour, Super Salad Bar
BBQ Pork Ribs Carving Station



Hale Ikena Grand Buffet

For Week of September 9 -13

Monday 9/09/19

Stuffed Cabbage, Baked Ham w/Pineapple Sauce
Rice Pilaf, Roasted Yukon Gold Potatoes
Steamed Vegetables Medley, Green Peas & Onions
Cream of Potato Soup, Soup du Jour, Super Salad Bar
Tortellini w/Marinara Sauce

Tuesday 9/10/19

Roast Pork, Grilled Catch w/Lobster Cream Sauce
Steamed Rice, Garlic Mashed Potatoes
Broccoli Normandy, Buttered Corn
Portuguese Bean Soup, Soup du Jour, Super Salad Bar
Build Your Own Reuben Sandwich

Wednesday 9/11/19

Pork Adobo, Chicken Guisantes
Pancit Noodles, Steamed Rice
Corn & Peas, Sautéed Green Beans Almandine
Chicken Papaya Soup, Soup du Jour, Super Salad Bar
Build Your Own Hamburger & Hot Dog Bar

Thursday 9/12/19

Chicken Stir-Fry, Cheese Tortellini, Broccoli & Fennel
Steamed Rice, Roasted Garlic Red Potatoes
Sautéed Carrots & Onions, Cream of Corn
Navy Bean, Soup du Jour, Super Salad Bar
Carved Baked Ham w/Pineapple Sauce

Smoke House Friday 9/13/19

BBQ & Sweet Chili Ribs, BBQ Chicken, Smoked Pulled Pork
Baked Beans, Macaroni & Cheese
Sautéed Carrots, Corn Cobbett
Corn Chowder, Soup du Jour, Super Salad Bar
Carved Smoked Brisket



Hale Ikena Grand Buffet

For Week of September 16 - 20

Monday 9/16/19

Roast Beef w/Mushroom Gravy, Baked Ziti w/Cheese
Au Gratin Potatoes, Rice Pilaf
Fresh Vegetable Medley, Peas & Mushrooms
Vegetable Soup, Soup du Jour, Super Salad Bar
Carved Mango Glazed Pork Loin

Tuesday 9/17/19

Beef Tacos & Chicken Fajitas w/Flour Tortillas & Fixings
Spanish Rice, Refried Beans
Buttered Corn, Grilled Mexican Vegetables
Chicken Tortilla Soup, Beef Chili Soup, Super Salad Bar
Thai Fry Action Station w/Shrimp

Wednesday 9/18/19

Beef Stew, Grilled Salmon w/Dill Cream Sauce
Rice Pilaf, Scalloped Potatoes
Vegetable Normandy, Green Peas & Onions
Chicken Gumbo Soup, Soup du Jour, Super Salad Bar
Build Your Own Hamburger & Hotdog Bar

Thursday 9/19/19

Chicken Curry, Pork Chop w/Gravy
Streamed Rice, Garlic Mashed Potatoes
Sautéed Green Beans, Corn O'Brien
Navy Bean Soup, Soup du Jour, Super Salad Bar
Tortellini w/Alfredo Sauce Station

Friday 9/20/19

Grilled Chicken w/Sweet Chili Soy, Battered Cod w/Tartar Sauce
Steamed Rice, Roasted Yukon Potatoes
Sautéed Zucchini & Tomatoes, Steamed Carrots & Cauliflower
Clam & Corn Chowder, Soup du Jour, Super Salad Bar
Steak House w/Baked Potatoes w/Fixings



Hale Ikena Grand Buffet

For Week of September 23 - 27

Monday 9/23/19

Garlic Oyster Pork Loin, Chicken Diablo
Steamed Rice, Roasted Yukon Gold Potatoes
Peas & Mushrooms, Stewed Zucchini
Vegetables Soup, Soup du Jour, Super Salad Bar
Pasta Pronto Station w/Italian Sausage

Tuesday 9/24/19

Beef Tacos & Chicken Fajitas w/Flour Tortillas & Fixings
Spanish Rice, Refried Beans
Buttered Corn, Grilled Mexican Vegetables
Chicken Tortilla Soup, Beef Chili Soup, Super Salad Bar
Thai Fry Station w/Shrimp

Wednesday 9/25/19

Sweet & Sour Pork, Chicken Katsu
Steamed Rice, Chow Mein Noodles
Savory Green Beans, Sautéed Carrots & Cauliflower
Corn Chowder Soup, Soup du Jour, Super Salad Bar
Build Your Own Hamburger & Hotdog Bar

Thursday 9/26/19

Kung Pao Chicken, Penne w/Italian Sausage
Fried Rice, Au Gratin Potatoes
California Blend Vegetables, Green Peas & Mushrooms
Minestrone Soup, Soup du Jour, Super Salad Bar
Tortellini w/Marinara Sauce

Hawaiian Luau Friday 9/27/19

Shoyu Chicken, Kalua Pork, Chicken Long Rice, Pork Lau Lau,
Egg Dip Catch of the Day, Steamed Sweet Potatoes,
Lomi Salmon, Tako Poke, Tofu Watercress, Poi, Haupia, & More!