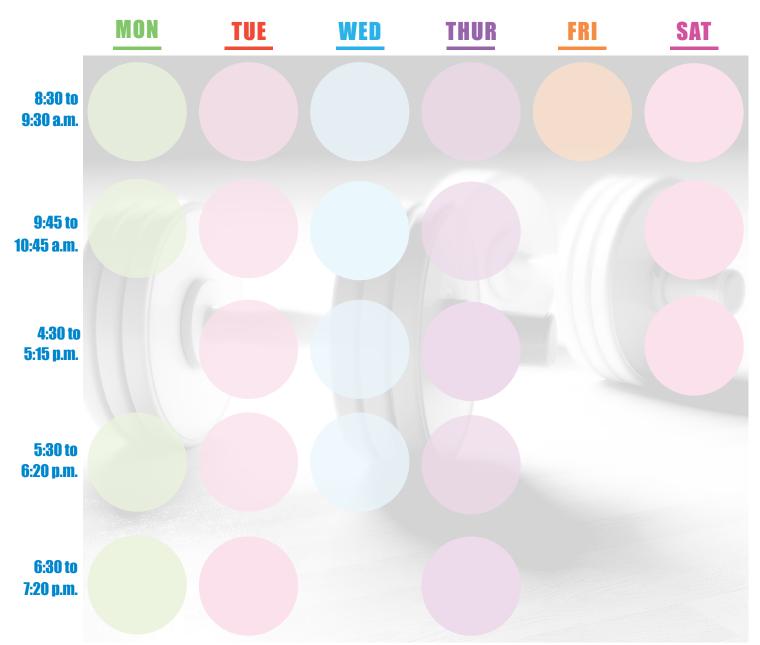
Health & Fitness Center



Facility Hours: M - F 6:00 am - 7:30 pm, Saturday 7:00 am - 2:30 pm. 1554 Trimble Rd, BLDG 582

HFC Rates

Single Class \$ 4 Ten Pack Book \$ 35 Monthly Unlimited \$45

Personal Training

Available 6 days a week by appointment. 808-655-5975 3 for \$99 Special!

Unit PT Fitness Classes

0630 - 0730 Daily By appointment only. \$35 fee.

Cycle, Yoga, Bootcamp, Tabata, R.I.P.P.E.D., Pilates, Core Conditioning, etc.

Interested in becoming a **Personal Trainer or Group Instructor for** USAG - Hawaii? **Contact** 655-5975









