

## SCHOFIELD BARRACKS HEALTH AND FITNESS CENTER

JANUARY	<ul> <li>MISSION SLIMPOSSIBLE (\$)</li> <li>GLOW ZUMBA DANCE PARTY AT TROPICS (\$)</li> </ul>
MARCH	<ul> <li>ALOHA JAM: 3 ON 3 BASKETBALL TOURNAMENT AT MARTINEZ PHYSICAL FITNESS CENTER (\$)</li> </ul>
APRIL	• DA HO 'IKAIKA HUI: TEAM SBD COMPETITION. ASSEMBLE A TEAM OF THREE, EACH MEMBER WILL COMPETE IN ONE OF THE THREE EVENTS (SQUAT, BENCH PRESS, OR DEADLIFT). (\$)
MAY	<ul> <li>AVENGER CHALLENGE: THIS EVENT WILL BE COMPRISED OF SIX STATIONS FOR THE BEST TIME. (\$)</li> </ul>
JULY	• 22 A DAY: Amrap (as many rounds as possible) Challenge (free) • Unwined (\$)
AUGUST	• HO' OKUKU PICKLEBALL TOURNAMENT (\$)
SEPTEMBER	• 9/11 STAIRMASTER CHALLENGE (\$) OR (FREE) W/O T-SHIRT
NOVEMBER	• TURKEY DRI TRI (\$)

FOR MORE INFORMATION, CONTACT
SCHOFIELD BARRACKS HEALTH AND FITNESS CENTER AT (808) 787-5739.

1554 Trimble Road, Bldg. 582, Schofield Barracks 96857

\* ALL PROGRAM DATES ARE TENTATIVE AND ARE SUBJECT TO CHANGI

