

UPDATE

24/7 Fitness orientations are held at Fort Shafter and Martinez Physical Fitness Centers for All DoD ID Cardholders 18 years of age or older. See the **May** schedule below.

24/7 FITNESS ORIENTATION

Fort Shafter Physical Fitness Center & Martinez Physical Fitness Center

MAY 2024

ORIENTATION SCHEDULE

Orientations are available on a walk-in basis daily after 8:00 a.m.

A Statement of Understanding will be completed and signed to register for access.

E-4 & below will require Commander signature • All dependents of AD Soldiers will require AD signature

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1 Fort Shafter PFC 11:30 a.m. 5:30 p.m.	2 Martinez PFC 12:00 p.m. 6:00 p.m. Fort Shafter PFC 11:30 a.m. 5:30 p.m.	3	4 Martinez PFC 9:30 a.m.
5 <i>Cinco de Mayo</i>	6 Fort Shafter PFC 11:30 a.m.	7 Martinez PFC 12:00 p.m. 6:00 p.m.	8 Fort Shafter PFC 11:30 a.m. 5:30 p.m.	9 Martinez PFC 12:00 p.m. 6:00 p.m. Fort Shafter PFC 11:30 a.m. 5:30 p.m.	10	11 Martinez PFC 9:30 a.m.
12	13 Fort Shafter PFC 11:30 a.m.	14 Martinez PFC 12:00 p.m. 6:00 p.m.	15 Fort Shafter PFC 11:30 a.m. 5:30 p.m.	16 Martinez PFC 12:00 p.m. 6:00 p.m. Fort Shafter PFC 11:30 a.m. 5:30 p.m.	17	18 Martinez PFC 9:30 a.m.
19 <i>Mother's Day</i>	20 Fort Shafter PFC 11:30 a.m.	21 Martinez PFC 12:00 p.m. 6:00 p.m.	22 Fort Shafter PFC 11:30 a.m. 5:30 p.m.	23 Martinez PFC 12:00 p.m. 6:00 p.m. Fort Shafter PFC 11:30 a.m. 5:30 p.m.	24	25 Martinez PFC 9:30 a.m.
26	27 <i>Memorial Day</i>	28 Martinez PFC 12:00 p.m. 6:00 p.m.	29 Fort Shafter PFC 11:30 a.m. 5:30 p.m.	30 Martinez PFC 12:00 p.m. 6:00 p.m. Fort Shafter PFC 11:30 a.m. 5:30 p.m.	31	1 U.S. ARMY SA SPORTS • FITNESS • AQUATICS



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