

5 FIVE HUNDRED MILE HOLOMUA KAKOU MILE RUN CLUB

OPEN TO ALL DOD ID CARDHOLDERS

January 1, 2026 - December 31, 2026

Register at any MWR Physical Fitness Center
(Except WAAF)

Join the Hololomua Kakou (Let's Go Ahead), 500 mile run club.
Challenge yourself to reach a total of 500 miles!
As a reward for your dedication, you'll receive a

FREE HOLOMUA KAKOU T-SHIRT



once you complete the distance. Whether you're a seasoned runner or just starting out, you have from when you start the challenge until December 31, 2026 to complete the 500 miles.

So, lace up your shoes, track your miles at one of our facilities and celebrate your achievement with us.

Call or visit one of our MWR Physical Fitness Centers for more information.

SCAN ME



Scan the QR code for facility hours of operation.



MARTINEZ FITNESS FACILITY



Thursday, January 1 - Thursday, December 31, 2026

**TO BE A MEMBER OF THIS CLUB,
THE TOTAL OF YOUR BEST EFFORTS
IN THE SQUAT, DEAD LIFT AND BENCH
PRESS ON A SINGLE LIFT NEEDS TO
TOTAL 1,000 POUNDS OR MORE.**

*The participant will perform the Squat, Bench Press, and Deadlift.
The total numbers from all three lifts together should total 1,000 pounds.*

1,000 Club Entry example:

Dead Lift: 500 lbs. + Squat: 400 lbs. + Bench Press: 200 lbs.
= 1,100 lbs. Total

**Reps that do not meet these guidelines will not be counted.*

\$15 PER PERSON
includes a shirt
(while supplies last)
\$5 without shirt

Open to all DOW ID Cardholders 18 years & older.

Monday - Friday: 5 a.m.-8 p.m.
Saturday & Sunday: 7 a.m.-1 p.m.

**FOR MORE INFORMATION,
PLEASE SEE STAFF ON
DUTY OR CALL:
(808) 787-0721.**

AWARDS

BRAGGING RIGHTS!

Picture will be posted and the top 3 totals
for both 1000lb and 500lb will receive awards!



U.S. ARMY

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UPDATE



24/7 Fitness orientations are held at Lee Health & Fitness Center, Fort Shafter, Martinez, and TAMC Physical Fitness Centers for All DOD ID Cardholders 18 years of age or older. See the **June** schedule below.

24/7 FITNESS ORIENTATION

Fort Shafter Physical Fitness Center, Martinez Physical Fitness Center, Tripler Army Medical Center Physical Fitness Center, and Lee Health & Fitness Center

JUNE 2026

ORIENTATION SCHEDULE
 Orientations are available on a walk-in basis daily after 8:00 a.m.
 A Statement of Understanding will be completed and signed to register for access.
 E-4 & below will require Commander signature • All dependents of AD Soldiers will require AD signature
For more information, call (808) 787-0721.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	Fort Shafter PFC 11:30 a.m. LEE HFC 6 p.m.	Martinez PFC 12 p.m. TAMC PFC 6 p.m.	Fort Shafter PFC 11:30 a.m. LEE HFC 6 p.m.	Martinez PFC 12 p.m. TAMC PFC 6 p.m.	5	Martinez PFC 9:30 a.m.
7	Fort Shafter PFC 11:30 a.m. LEE HFC 6 p.m.	Martinez PFC 12 p.m. TAMC PFC 6 p.m.	Fort Shafter PFC 11:30 a.m. LEE HFC 6 p.m.	Martinez PFC 12 p.m. TAMC PFC 6 p.m.	12	Martinez PFC 9:30 a.m.
14	Fort Shafter PFC 11:30 a.m. LEE HFC 6 p.m.	Martinez PFC 12 p.m. TAMC PFC 6 p.m.	Fort Shafter PFC 11:30 a.m. LEE HFC 6 p.m.	Martinez PFC 12 p.m. TAMC PFC 6 p.m.	19 ***** JUNETEENTH FREEDOM DAY	Martinez PFC 9:30 a.m.
21	22	Martinez PFC 12 p.m. TAMC PFC 6 p.m.	Fort Shafter PFC 11:30 a.m. LEE HFC 6 p.m.	Martinez PFC 12 p.m. TAMC PFC 6 p.m.	26	Martinez PFC 9:30 a.m.
28	Fort Shafter PFC 11:30 a.m. LEE HFC 6 p.m.	Martinez PFC 12 p.m. TAMC PFC 6 p.m.	1	2	3	4



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REGISTRATION:
Monday, June 15-Tuesday, July 14
Register with DOD ID at WAAF PFC front desk for free.



SUMMER BENCH PRESS CHALLENGE

Open to all DOD ID Cardholders
18 years & older

WEDNESDAY, JULY 15
12-6 P.M. • FREE
WHEELER ARMY AIRFIELD PHYSICAL
FITNESS CENTER

WEIGHT CLASSES:

WOMEN'S:

100 LBS & UNDER,
101 LBS - 120 LBS,
121 LBS - 145 LBS,
146 LBS - 165 LBS,
166 LBS - 185 LBS
186 LBS & UP

MEN'S:

140 LBS & UNDER,
141 LBS - 160 LBS,
161 LBS - 185 LBS,
186 LBS - 205 LBS,
206 LBS - 225 LBS
226 LBS & UP

COMPETITION RULES:

Unlimited attempts, but only ONE entry may be recorded.
A staff member must observe each attempt. Spotter required
for every attempt, either an acquaintance or WAAF PFC staff member.

AWARDS:

The 1st place winner in each weight class receives an exclusive
T-shirt and will have their name displayed at the Wheeler PFC!

For more information, call (808) 787-1317
1107 Santos Dumont Ave., Bldg. 102 • Wheeler Army Airfield



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HOURS OF OPERATION



FORT SHAFTER PHYSICAL FITNESS CENTER

Monday - Friday • 5 a.m.-7 p.m.
Saturday & Sunday • Closed
Federal Holidays • Closed




TRIPLER ARMY MEDICAL CENTER PHYSICAL FITNESS CENTER

Monday - Friday • 6 a.m.-7 p.m.
Saturday & Sunday • Closed
Federal Holidays • Closed



ALIAMANU MILITARY RESERVATION PHYSICAL FITNESS CENTER

Monday - Friday • 6 a.m.-7 p.m.
Saturday & Sunday • Closed
Federal Holidays • Closed

 = Gyms with 24/7 Fitness access privilege.

SCAN ME



Scan the QR code for more facility information, 24/7 fitness access and upcoming events

WHEELER ARMY AIRFIELD PHYSICAL FITNESS CENTER

Monday - Friday • 6 a.m.-7 p.m.
Saturday & Sunday • Closed
Federal Holidays • Closed

MARTINEZ PHYSICAL FITNESS CENTER

Monday - Friday • 5 a.m.-8 p.m.
Saturday & Sunday • 7 a.m.-1 p.m.
Federal Holidays • 7 a.m.-1 p.m.



LEE HEALTH & FITNESS CENTER

Monday - Friday • 6 a.m.-7 p.m.
Saturday & Sunday • Closed
Federal Holidays • Closed



HELEMANO MILITARY RESERVATION PHYSICAL FITNESS CENTER

Monday - Friday • 6 a.m.-7 p.m.
Saturday & Sunday • Closed
Federal Holidays • Closed



Lee Health & Fitness Center

POWER PLAY BINGO



HOW TO PLAY:

- Complete Each Block
- Perform the activity listed in each block on your Bingo Card.
- Once you've completed an activity, let the staff know to mark your progress.

Your Bingo Card is good for 3 months, which means you have 3 months to either "Form a Line" and complete the BLACKOUT Challenge. You don't have to complete all the blocks at once – pace yourself, you have 3 months to enjoy the challenge.

HOW TO WIN:

- **Form a Line:** Complete a horizontal, vertical, or diagonal line on your Bingo Card.
- Once you've completed a line, let the staff know and claim your small prize.
- **Blackout Challenge:** Complete every block on your Power Play Bingo Card to achieve a **BLACKOUT**.

BLACKOUT winners will receive an exclusive SFA Hawaii Swag Item.

Power Play Bingo combines fun fitness activities with healthy habits to keep you moving and motivated.

GET YOUR POWER PLAY BINGO CARD TODAY!



FREE

Any questions, please see Lee Health & Fitness Center Staff

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2026 INTRAMURAL SPORTS CALENDAR

JANUARY - APRIL		
	BASKETBALL LEAGUE (R)	MARTINEZ / HMR / TAMC
	3-POINT SHOOTOUT (R)	MARTINEZ / HMR / TAMC
	KICKBALL TOURNAMENT (O)	STONEMAN COMPLEX / TAKATA FIELD
	VOLLEYBALL TOURNAMENT (R)	MARTINEZ / HMR
	FUTSAL/INDOOR SOCCER TOURNAMENT (R)	MARTINEZ / HMR
APR 24-26	STONEMAN SHOWDOWN SOFTBALL TOURNAMENT (O)(\$)	STONEMAN COMPLEX
MAY - AUGUST		
MAY 8-10	STRONG BANDS HO'OKUKU PICKLEBALL TOURNAMENT (O)(\$)	ARTS & CRAFTS PICKLEBALL COURTS
	SOFTBALL LEAGUE (R)	STONEMAN COMPLEX / TAKATA FIELD
	SPEEDBALL TOURNAMENT (O)	STONEMAN STADIUM
	OUTDOOR SOCCER LEAGUE (R)	STONEMAN STADIUM
JUL 10-12	SUMMER SLUGFEST SOFTBALL TOURNAMENT (O)(\$)	STONEMAN COMPLEX
	DODGEBALL TOURNAMENT (O)	MARTINEZ / HMR
	CORNHOLE TOURNAMENT (O)	THE HANGAR ENTERTAINMENT CENTER
	ARMY HAWAII DISC GOLF TOURNAMENT (O)	STONEMAN COMPLEX
	ARMY HAWAII SAND VOLLEYBALL TOURNAMENT (O)	TROPICS RECREATION CENTER
	FLAG FOOTBALL LEAGUE (R)	STONEMAN STADIUM / TAKATA FIELD
SEPTEMBER - DECEMBER		
SEP 11-13	SEPTEMBER SERIES SOFTBALL TOURNAMENT (O)(\$)	STONEMAN COMPLEX
	ULTIMATE FRISBEE TOURNAMENT (O)	STONEMAN STADIUM / TAKATA FIELD
OCT 16-18	PICKLE-OR-TREAT PICKLEBALL TOURNAMENT (O)(\$)	ARTS & CRAFTS PICKLEBALL COURTS
	RUGBY RUMBLE TOURNAMENT (O)	STONEMAN STADIUM / TAKATA FIELD
	SLEIGH THE COURT BASKETBALL TOURNAMENT (R)	MARTINEZ OR HMR

(R)- PARTICIPATION RESTRICTED TO ACTIVE DUTY ARMY SOLDIERS, ARMY RESERVISTS AND ARMY NATIONAL GUARDSMEN ONLY.
(O)- PARTICIPATION OPEN TO ALL SERVICEMEN AND SERVICEMEN OF ANY MILITARY BRANCH (INCLUDING RESERVISTS AND NATIONAL GUARDSMEN), MILITARY DEPENDENTS, MILITARY RETIREES, AND ALL DOW CARDHOLDERS. ALL PARTICIPANTS MUST BE 18 YEARS OF AGE OR OLDER.
(\$)- FEES MAY APPLY

* ALL PROGRAM DATES ARE TENTATIVE AND ARE SUBJECT TO CHANGE BASED ON NUMBER OF SUBMITTED REGISTRATIONS.

FOR MORE INFORMATION, CONTACT INTRAMURAL SPORTS OFFICE AT (808) 787-0717, (808) 787-0718 OR (808) 787-0715.
730 LEILEHUA AVE, BLDG. 645 ROOM 2, SCHOFIELD BARRACKS 96857 • INFORMATION MAY ALSO BE OBTAINED VIA THE MWR SPORTS WEBSITE OR FACEBOOK AT IMARMYSPOHSHI



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SPEEDBALL

TOURNAMENT

Speedball is a fast-paced sport combining Soccer, Basketball, and Football elements, where teams score by kicking or throwing the ball into the opponent's goal.



GAMES
WILL BE PLAYED
8 X 8 INCLUDING
THE GOALKEEPER.

**MONDAY,
JULY 6 -
FRIDAY,
JULY 17**

**STONEMAN STADIUM
SCHOFIELD BARRACKS**

TOURNAMENT FORMAT:

To be determined based on the number of teams that sign up.

ELIGIBILITY:

Open to ALL Military Branches (including Reservists and National Guardsmen), Military Dependents, Military Retirees, DOD employees and all eligible DOD ID Card Holders (must have DOD number assigned on CAC or ID Card) 18 years of age and older. All participants are required to present a valid ID that verifies eligibility status on site.

ENTRY DEADLINE:

All applications must be received by the USAG Hawaii Sports Office no later than 4 p.m. on Friday, June 26.

REGISTRATION:

Register online by scanning the QR code or scan and email applications to usarmy.schofield.id-pacific.list.intramural-sports-office-staff@army.mil



Scan the QR code to register online.

AWARDS:

Team awards will be presented to the 1st and 2nd place teams.

ORGANIZATIONAL MEETING/RULES SEMINAR:

2 p.m. on Wednesday, July 1, at Stoneman Stadium

MORE INFORMATION:

Please contact the USAG Hawaii Sports Office:
(808) 787-0717 or (808) 787-0718
Email

usarmy.schofield.id-pacific.list.intramural-sports-office-staff@army.mil

USAG Hawaii Sports Office located on Schofield Barracks,

730 Leilehua Ave., Bldg. 645, Room 2

Information may also be obtained via the

MWR Sports website:

Facebook at [IMARMYsportsHI](https://www.facebook.com/IMARMYsportsHI)



HiMWR.com or [f MWR HAWAII](https://www.facebook.com/MWRHAWAII) [i](https://www.instagram.com/MWRHAWAII)



LET'S KEEP OUR COURTS CLEAN!

WE LOVE SEEING EVERYONE ENJOY OUR PICKLEBALL COURTS! TO KEEP THEM SAFE AND FUN FOR ALL, PLEASE REFRAIN FROM USING CHALK OR ANY OTHER MATERIALS TO DRAW, TRACE, ETCH, OR MARK ON THE PLAYING SURFACES. YOUR COOPERATION HELPS US MAINTAIN A CLEAN, SAFE, AND LONG-LASTING COURT FOR OUR COMMUNITY.



Mahalo Nui Loa!



Tripler Army Medical Center Pool
&
Richardson Pool
2026
SERVICE MEMBER

**LEARN
TO SWIM
COURSE**

**Two-week course
One hour per day/
5 days a week**



Open to active duty military personnel.

TAMC POOL SCHEDULE: (Tripler Army Medical Center)

Class Start Date:	Graduation Date:
Monday, March 9, 2026	Friday, March 20, 2026
Monday, April 6, 2026	Friday, April 17, 2026
Monday, April 20, 2026	Friday, May 1, 2026
Monday, May 11, 2026	Friday, May 22, 2026
Monday, June 8, 2026	Friday, June 18, 2026
Monday, July 6, 2026	Friday, July 17, 2026
Monday, July 20, 2026	Friday, July 31, 2026
Monday, August 10, 2026	Friday, August 21, 2026
Monday, August 24, 2026	Friday, September 4, 2026
Monday, September 14, 2026	Friday, September 25, 2026
Monday, September 28, 2026	Friday, October 9, 2026

RICHARDSON POOL SCHEDULE: (Schofield Barracks)

Class Start Date:	Graduation Date:
Monday, March 9, 2026	Friday, March 20, 2026
Monday, March 23, 2026	Friday, April 3, 2026
Monday, April 13, 2026	Friday, April 24, 2026
Monday, May 11, 2026	Friday, May 22, 2026
Monday, June 8, 2026	Friday, June 18, 2026
Monday, July 6, 2026	Friday, July 17, 2026
Monday, July 20, 2026	Friday, July 31, 2026
Monday, August 10, 2026	Friday, August 21, 2026
Monday, August 24, 2026	Friday, September 4, 2026
Monday, September 7, 2026	Friday, September 18, 2026
Monday, September 21, 2026	Friday, October 2, 2026

Training packets must be submitted by your Training NCO or Training Officer to:
Installation Schools, USARHAW, Institutional Training Division
896 Menoher Road, Room 114, Schofield Barracks, HI 96857
Contact your Training NCO or Bde Schools for course enrollment.



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RICHARDSON POOL

1757 Kolekole Ave, BLDG 578 Schofield Barracks

Children's Learn to Swim Classes

2026



CLASSES ARE MONDAY, WEDNESDAY, THURSDAY, AND FRIDAY.

No make up lessons will be held for those who miss scheduled classes.

SESSION 1

Levels 2, 3, & 4

Registration: Sat, March 7

CLASSES: March 16-27

3:30-5:30 p.m.

SESSION 2

Levels 1, 2, & 3

Registration: Sat, April 4

CLASSES: April 13-24

3:30-5:30 p.m.

SESSION 3

Levels 2, 3, & 4

Registration: Sat, May 9

CLASSES: May 11-22

3:30-5:30 p.m.

SESSION 4

Levels 1, 2, 3, & 4

Registration: Sat, June 6

CLASSES: June 15-26, 9-11 a.m.

(Juneteenth No Class)



SESSION 5

Levels 2, 3, 4, & 5

Registration: Sat, July 11

CLASSES: July 20-31

9-11 a.m.

SESSION 6

Levels 1, 2, & 3

Registration: Sat, August 8

CLASSES: August 17-28

3:30-5:30 p.m.

SESSION 7

Levels 3, 4, & 5

Registration: Sat, September 5

CLASSES: Sep 21-Oct 2

3:30-5:30 p.m.

PRICE: Levels 1-3 \$100.00 per student (8 x 30 min group lessons)

Levels 4-5 \$150.00 per student (8 x 45 min group lessons)

REGISTRATION: 9 a.m.-12 p.m.

- No refunds after a session has started.
- Credit card ONLY. No cash accepted.
- Children must be CYS registered.
- Open to all DOD ID cardholders and dependents ages 4-17 years old.
- Children must be present for registration and level evaluation.
- Course offerings and class sizes depend on the number of certified instructors and enrolled students.
- A parent or adult must stay at the pool during lessons.
- No student may be left with a sibling under 18.

Aquatics Website



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For more information, call **(808) 787-4090**



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To participate in the Lifeguarding Course, participants must:

1. Swim 150 meters
2. Tread water for 2 minutes
3. Swim 50 meters
4. Complete Timed Skills Demonstration (Retrieve a 10lb object from 10-15ft feet of water in under 1 min, 40 secs.)

Courses are open to ages 15 & up, unless otherwise noted.

COST:
SERVICE MEMBERS OF ALL BRANCHES: \$150
CIVILIANS: \$175

 **American Red Cross**

2026 Lifeguard Courses

Richardson Pool
Schofield Barracks

MONDAY - FRIDAY
9 A.M. - 5:30 P.M.

COURSE DATES:

FEBRUARY 23 - 27
(All Ages)

MARCH 16 - 20
(High School Ages Only)

MARCH 23 - 27
(All Ages)

APRIL 27 - MAY 1
(All Ages)

MAY 18 - 22
(All Ages)

JUNE 1 - 5
(High School Ages Only)

JUNE 22 - 26
(All Ages)

JULY 20 - 22
(WATER FRONT)***

AUGUST 24 - 28
(All Ages)

SEPTEMBER 21 - 25
(All Ages)

OCTOBER 5 - 9
(High School Ages Only)

OCTOBER 19 - 23
(All Ages)

Pre-Requisite Demonstrations must be completed during these following hours:
Monday, Wednesday - Friday 8-9 a.m. & 11 a.m.-4 p.m.
Saturday 10 a.m.-4 p.m.



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Aloha!

Free introduction to stand up
paddle boarding & ocean kayaking.



SAFETY Day

Sponsored by the
MWR Aquatics and Outdoor
Recreation Departments

AQUATICS

JOIN US FOR:

- Safety equipment demonstrations
 - Water safety instruction
- Prizes for all attendees
(while supplies last)!

**FRIDAY,
July 10**

**10 A.M.-12 P.M.
FREE!**

**TRIPLER ARMY
MEDICAL CENTER POOL**

315 Krukowski Rd. Bldg. 301, Honolulu, HI 96819

Open to all DOD ID Cardholders and sponsored guests.



For more information, call TAMC at
(808) 787-4155 or (808) 787-4151.



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PRIVATE SWIM LESSON

Open to all DoD Cardholders ages 3 years and older.



Class Type	Instructor#	Student#	One Session	Time	Price	Age
Private Lesson	1	1	5 classes per month	30 minutes	\$120	3 years and up
Semi-Private Lesson	1	2	5 classes per month	45 minutes	\$200	6 years and up (must be at the same skill level)

How to Sign Up?

In-person registration only. Waiver must be completed before classes are scheduled.

Schedule is on a first-come, first-served basis and month-to-month system. (Doesn't have to be consecutive.)

Each session will be scheduled for the following month only. (e.g.; register in March for April classes)

Payment will be collected after classes are scheduled.

For more information, call (808) 787-4155.



Mahalo Nui Loa from,
Team TAMC Takos

SCAN ME



For complete details scan QR code or visit:
<https://hawaii.armymwr.com>



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U.S. ARMY GOLF • HAWAII

GOLF FEES



Walter J. Nagorski Golf Course

711 Morton Drive • Fort Shafter, Hawaii • (808) 787-4016

DAILY GREEN FEES DISCOUNT CARDS

CATEGORY <small>Play Cards are only honored at the golf course in which they are purchased from and are non-transferable.</small>	9 HOLES	18 HOLES	10 PLAY	30 PLAY
E1 - E5 Active Duty Enlisted / Youth (17 & under)	\$11.00	\$18.00	\$170.00	\$490.00
All Remaining Authorized Users	\$18.00	\$29.00	\$280.00	\$830.00
Guest / Public	\$27.00	\$38.00	\$370.00	\$1,070.00
Golf Cart Fees	\$10.00	\$18.00		

Rentals

Golf Clubs	\$7.50 (Twilight)	\$15 (18-holes)
Push Cart	\$3 (9-holes)	\$5 (18-holes)

In accordance with IMCOM Regulation 215-1-1 and AR 215-1.



Leilehua G.C.

199 Leilehua Road • Wahiawa, Hawaii • (808) 787-4653

DAILY GREEN FEES DISCOUNT CARDS

CATEGORY <small>Play Cards are only honored at the golf course in which they are purchased from and are non-transferable.</small>	9 HOLES	18 HOLES	10 PLAY	30 PLAY
E1 - E5 Active Duty Enlisted / Youth (17 & under)	\$14.00	\$21.00	\$180.00	\$530.00
All Remaining Authorized Users	\$22.00	\$37.00	\$340.00	\$920.00
Guest / Public	\$31.00	\$47.00	\$440.00	\$1,190.00
Golf Cart Fees	\$10.00	\$18.00		

Rentals

Golf Clubs	\$12.50 (Twilight)	\$25 (18-holes)	Driving Range Balls	\$6 per token
Push Cart	\$3 (9-holes)	\$5 (18-holes)	Key FOB	\$60 for \$78
			Spectator Fee	\$20

In accordance with IMCOM Regulation 215-1-1 and AR 215-1.



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Benefits:

- Complimentary green fees
- 15% off Pro Shop Merchandise
- Exclusive discounts on MWR tournament entry fees
- Reduced green fees at Leilehua Golf Course and any U.S. Army Golf Courses



Nagorski G.C.
FORT SHAFTER, HAWAII

OPEN TO THE PUBLIC

2026 MEMBERSHIP

JOIN TODAY!

Call the
Nagorski Pro Shop
at
(808) 787-4016
for membership
prices and
details.

711 Morton Drive • Fort Shafter • Honolulu, 96858

About Nagorski Golf Course:

- 9 hole course, close to town, easy access to and from Honolulu
- Perfect place for golfers of all skill levels
- Breathtaking views of downtown Honolulu and Diamond Head.
- Great sales throughout the year in the Pro Shop
- Hole #6 was voted one of the best par fives in the state of Hawaii

Prices are pro-rated monthly.

Annual Payment	Single	Family
Rank E1 - E5	\$800	\$1,100
All Remaining Federal ID Card Holders	\$1,400	\$1,800
Civilian	\$1,850	\$2,250



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or [MWR HAWAII](https://www.facebook.com/MWRHAWAII)

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Nagorski Golf Course

Open to all DOD ID Cardholders and the public ages 7 and older.

Proudly sponsored by
dedicated supporters
of DFMWR

Golf

CLINICS

Short Game Fundamentals

MONTHLY

First Saturday:
ADULTS

10 - 11:00 a.m.

Second Saturday:
YOUTH

(Ages 7 - 17 years old)

10 - 11:00 a.m.

Clinic days are subject to cancellation.



Nagorski G.C.
FORT SHAFTER, HAWAII



Sharpen your skills and lower your score with our complimentary short game clinics held monthly on our course.

Free to Participants.

Equipment Provided if Needed.

Spaces are limited!

Registration Deadline:
Friday before each clinic.
Register at the Nagorski Golf Shop.

Where the game of golf begins!

For more information, call
(808) 787-4016.

711 Morton Drive • Fort Shafter • Honolulu, Hawaii

Open to DOD ID Cardholders and the public.
Public must have installation access, for more information visit
<https://home.army.mil/hawaii/about/visitor-information>
or scan the QR code.

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Open to General Public, DOD ID Cardholders and Guests.

**Need to get away for a couple of hours
while your other half enjoys the
Waikiki shopping???**

**Come to The Nagorski Golf Course,
on Fort Shafter, to play a quick
nine holes while you wait!**

Aloha!



Nagorski G.C.
FORT SHAFTER, HAWAII

HALE KOA & NAGORSKI GC
NINE HOLE

GOLF SPECIAL

HALE KOA HOTEL

Show your Hale Koa room key for the special pricing!

Special includes a green fee, cart fee and a rental set.

E1-E5 ACTIVE DUTY / JUNIORS (UNDER 17 YEARS OLD): \$23 PER PLAYER

ALL OTHER AUTHORIZED PATRONS: \$32 PER PLAYER

GUESTS/PUBLIC: \$40 PER PLAYER

For more information, please contact the Golf Pro Shop at (800) 787-4016.

Office Hours: Tuesday - Sunday 6:30 a.m.-6 p.m.
711 Morton Dr. • Fort Shafter • Hawaii 96858



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JOIN OUR GYM

**USAG-Hawaii
MWR is looking
for group fitness
instructors.**

ALL APPLICANTS MUST SUBMIT

- Current certifications from a reputable & recognized organization
- Current CPR/First Aid/AED certificates (No Online certificates allowed)
- Current training insurance
- Hawaii State Business License with GET license
- Unique Entity ID(UEI) Number

**FOR MORE INFORMATION,
CONTACT HALEY RYAN:
(808) 787-5738 OR
HALEY.C.RYAN.NAF@ARMY.MIL**

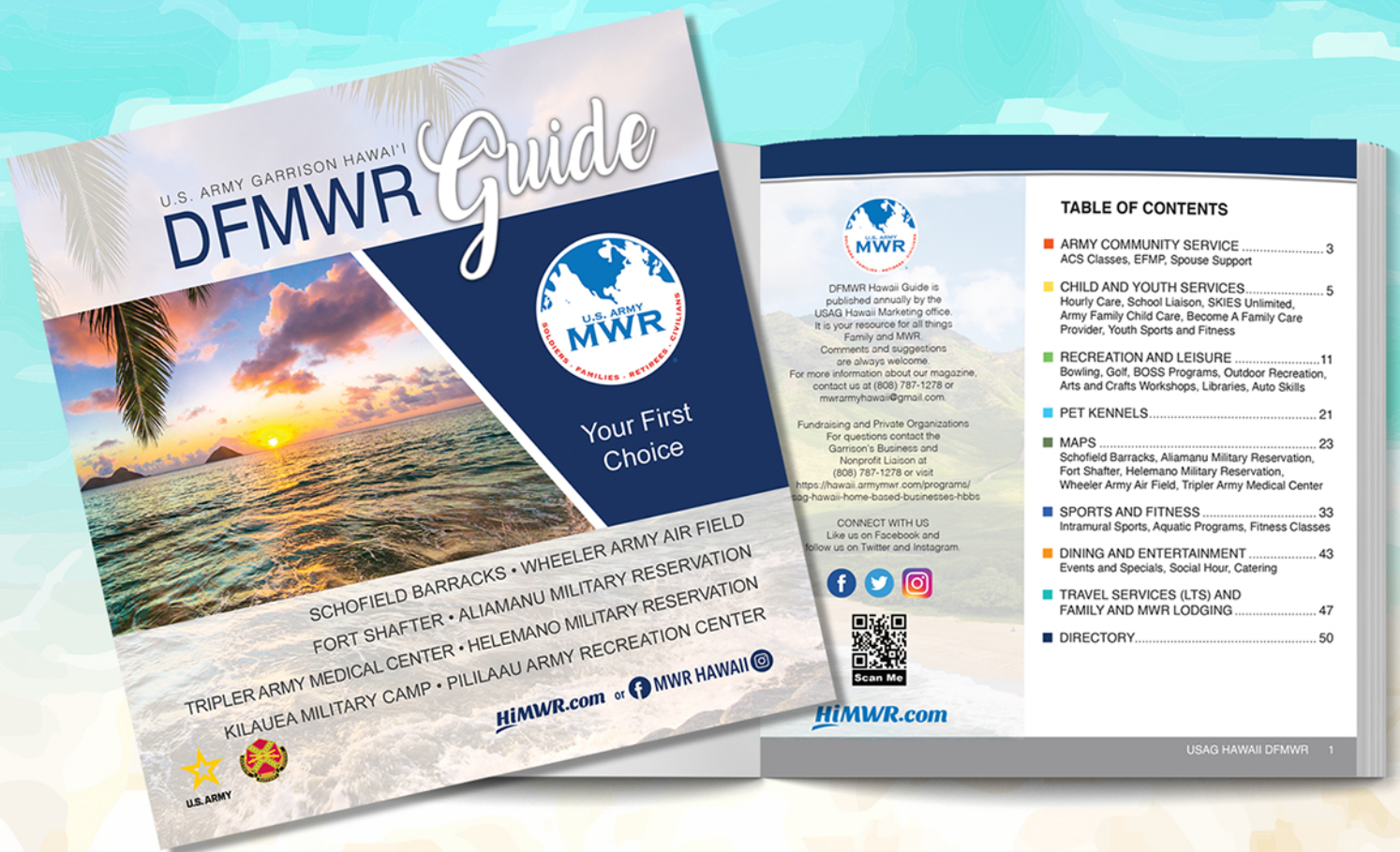


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USAG Hawaii DFMWR Guidebook

The USAG Hawaii MWR Guidebook is your go-to resource for everything happening across our Army installations - featuring MWR facilities, programs, contact information, and maps.



Your guide to discovering everything MWR Hawaii has to offer - anytime, anywhere.

*Note: At this time, the USAG Hawaii MWR Guidebook is accessible only on non-government networks.



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