



SKIES Unlimited

Schools of Knowledge, Inspiration, Exploration & Skills



REGISTER FOR TAE KWON-DO BEGINNER'S CLASS

AIM TO ACHIEVE

- SELF-CONTROL
- SELF-DISCIPLINE
- SELF-CONFIDENCE
- PHYSICAL FITNESS
- PERSEVERANCE
- LEADERSHIP DEVELOPMENT
- COORDINATION DEVELOPMENT
- BETTER SOCIAL SKILLS
- STRESS RELIEF
- RESPECT FOR OTHERS
- INCREASED ATTENTION SPAN



AMR SKIES Studio 154 Kauhini Road, Bldg 1782

MONDAYS ages 7-18 years

Beginners (AMR studio) New Students first month only

4:30-5:15

Tae Kwon-Do (AMR Small Gym)

5:15-6:45

SCHOFIELD SKIES Studio 241 Hewitt Street, Bldg 1283

TUESDAYS & THURSDAYS ages 7-18 years

Intermediate I

Beginners

Intermediate II

Advanced

4:30-5:15

5:15-6:00

6:00-6:45

6:45-7:30

All youth must be registered with Child Youth Services to enroll into Tae Kwon-Do. For registration information call Child & Youth Services at Schofield Barracks # 808-655-5314 or Aliamanu (AMR)# 808-833-5393.

Registration deadline, 30th of the month prior. Classes are not held on Federal Holidays. Cost is \$55 for the month. For more information call: Master I. M. Kang at 808-367-8051