

Visit  
**HiMWR.com**  
for activity details.

Custom programming is also available for  
family outings, physical training,  
and organizational days.  
Minimum 6 people per program.  
Call for complete details

# AUGUST PROGRAMS & ADVENTURES

**Surf**  
**101**

Join us to learn  
how to surf on the  
south shores of  
O'ahu.



Saturday,

**13**

## SURF LESSONS 101

9:00-11:00 a.m. • \$125 per person

White Plains Beach • Meet at site • (Subject to change)

Minimum Age: 10 years old

Must be a proficient swimmer (tread water: 6 minute, swim: 200 yards)

Join us to learn how to surf on the south shores of O'ahu.

Saturday,

**27**

## MANOA FALLS HIKE

8:30 a.m.-12:30 p.m. • \$15 per person

Meet at Outdoor Recreation Center for transportation.

Sign up for a fun group hike to Manoa Falls (also known as Wai'ihinui Falls). A 150 ft. waterfall located in the Honolulu Watershed Reserve. We will stop by Manoa Falls Marketplace for an optional lunch.

Minimum Age: 10 years old

*Experience Hawaii with the Outdoor Recreation Center!*

**OUTDOOR  
RECREATION  
RENTALS**

Stop by the Outdoor Recreation Center for all of your summer  
adventure needs! Tents, surfboards, camping gear, stand up  
paddleboards and more!

**SIGN UP:** At Outdoor Recreation Center. Registration is 48 hours  
before event date.

**OPEN TO:** The minimum age is listed on each activity, children under  
the age of 18 must be accompanied by an adult.

**TRANSPORTATION:** Space is limited. Call for details.

**NOTE:** Please bring refreshments, snacks and sunscreen.

For more information, call  
(808) 655-9046 or (808) 655-0143.

435 Ulrich Way • Building #2110 • Schofield Barracks, Hawai'i 96857

HiMWR.com



MWR Hawaii

