

# ARMY COMMUNITY SERVICE

MARCH CALENDAR 2025

## Army Volunteer Corps

VMIS Orientation | 4, 18 | 1330-1400

OPOC Training | 4, 18 | 1400-1430

## Employment Readiness Program

Resume Writing for the Private Sector | 4 | 1000-1200

Military Spouse Lunch & Learn Series (virtual) | 7 | 1100-1200

Building Your Federal Resume in USAJOBS - Military Spouse Edition | 18 | 0900-1130

Employment Jumpstart for the Military Spouse | 21 | 1000-1130

Ten Steps to a Federal Job | 25 | 0900-1130

## Exceptional Family Member Program

EFMP Pop Up Office | 3, 10, 17, 24, 31 | 1100-1200

EFMP Sensory Fun Zone | 21 | 0900-1030 | 12, 26 | 1430-1600

Empowered Parents | 11 | 1500-1600

EFMP Movie Day | 11 | 1430-1630

## Family Advocacy Program

Thriving with Teens | 5 | 1200-1300

Balance of Life | 12 | 1200-1300

Fundamentals of a Healthy Relationship | 14 | 1200-1300

Little People, Big Feelings | 19 | 1200-1300

Mind Matters | 26 | 1200-1300

## Financial Readiness Program

Marriage Milestone | 5 | 1000-1130

Promotion Milestone | 12 | 1000-1130

First Child Milestone | 19 | 1000-1130

PCS Milestone | 26 | 1000-1130

## Mobilization, Deployment, & Stability Support Operations

Command Teams | 4 | 0930-1230

SFRG Leader | 5 | 0930-1230

Family Readiness Advisor | 11 | 1300-1500

Informal Funds Custodian | 12 | 1300-1600

Command Family Readiness Representative (CFRR) | 25 | 0930-1230

Key Contact | 26 | 1400-1600

## New Parent Support Program

Understanding Breastfeeding | 6 | 1300-1530

Newborn Care Class | 13 | 0900-1030

Infant CPR & Choking | 13 | 1100-1230

Childbirth & Postpartum Care | 20 | 1100-1230

Infant Massage | 27 | 1100-1230

Supporting Children Through Developmental Milestones | 27 | 1300-1430

## Relocation Readiness Program

Sponsorship Training | 12 | 1330-1430

Aloha Social | 24 | 1000-1130

ACS Board Bootcamp | 24 | 1200-1230



MARCH

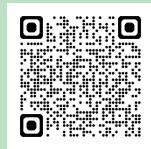
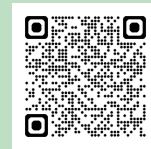
2025

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**ACS CLOSED:**

7 March: ACS In-Service

Scan Me!



Sign up for a Class!



## FAP Playgroups • 1000-1200

Schofield Library | 4, 11, 18, 25 |

AMR Community Center | 6 |

HMR Chapel | 13, 27 |

Wheeler Community Center | 20 |



# CLASS DESCRIPTIONS

## Army Volunteer Corps

**VMIS Orientation:** Learn how to use VMIS to track your volunteer hours.

**OPOC Training:** Learn how to use VMIS to manage your volunteers and approve hours.

## Employment Readiness Program

**Military Spouse Lunch & Learn Series:** Enjoy our virtual session on FB about different employment topics.

**Resume Writing for the Private Sector:** Create or update your resume for a private sector job, choose the best format, target your resume for the specific job, and write effective accomplishment bullets.

**Employment Jumpstart for the Military Spouse:** Learn about information, resources, and services to assist you with your job search.

**Building Your Federal Resume in USAJOBS: Military Spouse Edition:** Walk through USAJOBS Resume Builder tool and learn valuable tips for applying for a federal position.

**Ten Steps to a Federal Job:** Learn the key steps in applying for a federal job from deciding which jobs to apply for to tailoring your resume to be rated "Best Qualified" for the position.

## Exceptional Family Member Program

**EFMP Pop Up Office:** Meet with EFMP staff and get all your questions answered. Hosted on Ft Shafter.

**EFMP Sensory Fun Zone:** Meet EFMP families at our Sensory Friendly playroom. Open to kids 0-6 years of age.

**Empowered Parents:** Discuss challenges and triumphs of parenting children with special needs.

**EFMP Movie Day:** Watch a movie with other EFMP families. Hosted on Ft Shafter.

## Family Advocacy Program

**Thriving With Teens:** Learn all about teen years and how you as a parent can equip yourself with the tools and skills to navigate.

**Fundamentals of a Healthy Relationship:** Learn and identify ways to strengthen your daily relationships.

**Five Love Languages for Kids:** Learn and understand your child's love language.

**Balance of Life:** Join us to learn the importance of balance in our everyday lives.

**Little People, Big Feelings:** Learn and identify ways to strengthen your parenting skills and help your kiddos navigate their emotions.

**Mind Matters:** Learn and identify ways to create a healthier mindset and manage stress and anger.

## Financial Readiness Program

**PCS Milestone:** Address main financial considerations regarding a PCS.

**Marriage Milestone:** This class can help you and your new spouse organize your finances efficiently and work through financial changes marriage brings.

**First Child Milestone :** Learn about budgeting and organizing your finances as you work through the changes of a new child to your home.

**Promotion Milestone:** Learn about organizing your finances as you are going through promotion.

## Mobilization, Deployment, & Stability Support Operations

**Command Teams:** Learn about the roles and responsibilities of the command team in the SFRG.

**SFRG Leader:** Learn about the Leader role in the SFRG.

**Informal Funds Custodian:** Learn authorized uses of SFRG informal funds and the requirements of this role.

**Family Readiness Advisor :** Identify, define and understand components of successful SFRG operations.

**Key Contact:** Learn roles and responsibilities while communicating with Family Members.

**Command Family Readiness Representative (CFRR):** Identify roles and responsibilities of the CFRR.

## New Parent Support Program

**Understanding Breastfeeding:** Learn the essentials on the benefits and basics of breastfeeding.

**Infant CPR & Choking:** American Heart Association CPR course teaches hands on CPR lifesaving skills.

**Newborn Care Class:** Learn the basics of caring for your newborn: diaper changes, feeding, safety & adjusting to parenthood.

**Childbirth & Postpartum Care:** Covers stages of labor, comfort techniques, infant attachment and more.

**Infant Massage:** Learn about the benefits of massage in circulation, digestion & emotional well-being.

**Supporting Children Through Developmental Milestones:** Learn about developmental milestones and ways to support your child at each stage.

## Relocation Readiness Program

**Sponsorship Training:** Learn how to meet sponsorship requirements and connect Newcomers with resources.

**Aloha Social:** Sip coffee, learn about Hawaiian traditions, and make a lei.

**ACS Board Bootcamp:** Prepare for a board by getting an overview of all the programs at ACS and their benefits.