

## REGISTER FOR TAE KWON-DO BEGINNER'S CLASS

### AIM TO ACHIEVE

- SELF-CONTROL
- SELF-DISCIPLINE
- SELF-CONFIDENCE
- PHYSICAL FITNESS
- PERSEVERANCE
- LEADERSHIP DEVELOPMENT
- COORDINATION DEVELOPMENT
- BETTER SOCIAL SKILLS
- STRESS RELIEF
- RESPECT FOR OTHERS
- INCREASED ATTENTION SPAN



**AMR SKIES Studio,**

**154 Kauhini Road, Bldg 1782**

**MONDAYS & WEDNESDAY**

**(ages 6-18 years)**

<b>Beginners I</b>	<b>5:00–5:45</b>
<b>Intermediate II</b>	<b>5:45–6:30</b>
<b>Advanced</b>	<b>6:30– 7:15</b>

**SCHOFIELD SKIES Studio,**

**241 Hewitt, Bldg 1283**

**TUESDAY & THURSDAY**

**(ages 6-18 years)**

<b>Beginners I</b>	<b>5:00–5:45</b>
<b>Intermediate II</b>	<b>5:45–6:30</b>
<b>Advanced</b>	<b>6:30– 7:15</b>

All youth must be registered with Child Youth Services to enroll into Tae Kwon-Do. For registration information call Child & Youth Services at Schofield Barracks # 808-655-5314. Registration deadline, 30th of the month prior. Classes are not held on Federal Holidays. Cost is \$60 for the month. For more information call: Master I. M. Kang at 808-367-8051