



# Hale Ikena Grand Buffet

For Week of July 3 to 7

## Monday 7/3/17

North Carolina BBQ Pork Loin, Chicken Fricassee  
Rice Pilaf/Savory Baked Beans  
Fresh Vegetable Medley, Green Peas & Mushroom  
Portuguese Bean Soup, Soup Du jour & Super Salad Bar  
Lettuce Wrap Action Station w/Tofu, Build Your Own Sundae

## Tuesday 7/4/17

Independences Day  
Holiday Closed

## Wednesday 7/5/17

Swiss steak/Turkey Broccoli Morney Casserette  
Potato O'Brien/Rice Pilaf  
California Blend Vegetables, Fried Zucchini Sticks  
Beef Barley, Soup Du jour & Super Salad Bar  
Build Your Own Hamburger & Hot Dog Bar

## Thursday 7/6/17

Beef Stroganoff, Shrimp & Vegetable Primavera  
Rice Pilaf, Buttered Egg Noodles  
Savory Green Beans, Sautéed Carrots & Cauliflower  
Minestrone, Soup Du jour & Super Salad Bar  
Party Wings Bar w/Assorted Sauces

## Friday 7/7/17

Boneless Baked Chicken, Salmon w/Pineapple Salsa  
Rice Pilaf, Garlic Mashed Potatoes  
Green Beans w/Walnuts, Corn O'Brien  
Fish Chowder, Soup Du jour & Super Salad Bar  
Steak House w/Baked Potatoes w/Fixing

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# Hale Ikena Grand Buffet

For Week of July 10 to 14

## Monday 7/10/17

Stuffed Cabbage, Baked Ham w/Pineapple Sauce  
Rice Pilaf/Roasted Yukon Gold Potatoes  
Steamed Vegetables Medley, Green Peas & Onion  
Cream of Potato Soup, Soup Du jour & Super Salad Bar  
Thai Fry Action Station w/Chicken, Build Your Own Sundae

## Tuesday 7/11/17

Beef Curry, Sautéed Catch w/White Wine Mushroom Sauce  
Steamed Rice/Garlic Mashed Potatoes  
Broccoli Normandy, Buttered Corn  
Portuguese Bean Soup, Soup Du jour & Super Salad Bar  
Tortellini Action Station

## Wednesday 7/12/17

Pork Adobo, Chicken Guisante  
Pancit Noodles/Steamed Rice  
Corn & Peas, Sautéed Green Beans Almandine  
Chicken Papaya Soup, Soup Du jour & Super Salad Bar  
Build Your Own Hamburger & Hot Dog Bar

## Thursday 7/13/17

Ginger Beef Stir-Fry, Cheese Tortellini, Broccoli & Fennel  
Steamed Rice/Roasted Garlic Red Potatoes  
Sautéed Carrots & Onion, Cream of Corn  
Navy Bean, Soup Du jour & Super Salad Bar  
Lettuce Wrap Action Station w/Tofu

## Fish Fryday 7/14/17

Battered Cod, Breaded Catch, Breaded Shrimp  
Fried Calamari Strips, Fried Potato Wedges, Hush Puppies  
Green Beans w/Walnut, Corn O'Brien  
Clam Chowder, Soup Du jour & Super Salad Bar  
Steamed ¼ Rack Crab Legs w/Melted Buttered Dip



# Hale Ikena Grand Buffet

For Week of July 17 to 21

## Monday 7/17/17

Roast Beef w/Mushroom Gravy, Baked Ziti w/Cheese  
Au gratin Potatoes/Rice Pilaf  
Fresh Vegetable Medley, Peas & Mushroom  
Vegetable Soup, Soup Du jour & Super Salad Bar  
Tortellini Action Station, Build Your Own Sundae

## Tuesday 7/18/17

Beef Taco & Chicken Fajita w/Flour Tortilla & Fixing  
Spanish rice, Refried Beans  
Buttered Corn, Grilled Mexican Vegetables  
Chicken Tortilla Soup, Beef Chili Soup & Super Salad Bar  
Thai Fry Action Station w/Shrimp

## Wednesday 7/19/17

Autumn Stew, Blacken Catch w/Lemon Herb Sauce  
Rice Pilaf/Cajun Spice Roasted Potatoes  
Okra & Tomatoes, Green Peas & Onions  
Chicken Gumbo Soup, Soup Du jour & Super Salad Bar  
Build Your Own Hamburger & Hotdog Bar

## Thursday 7/20/17

Chicken Curry, Braised Pork Chop w/Sauce  
Streamed Rice/Scalloped Potatoes.  
Red Cabbage & Apple, Corn O'Brien  
Navy Bean Soup, Soup Du jour & Super Salad Bar  
Pasta Pronto w/Shrimp

## Friday 7/21/17

BBQ & Sweet Chili Ribs, BBQ Chicken, Smoked Pulled Pork  
Baked Beans/Baked Macaroni & Cheese  
Sauteed Carrots & Onion, Corn Cobbets  
Corn Chowder, Soup Du jour & Super Salad Bar  
Carved Baked Ham w/Pineapple Sauce



# Hale Ikena Grand Buffet

For Week of July 24 to 28

## Monday 7/24/17

Garlic Oyster Pork Loin, Chicken Diablo  
Rice Pilaf, Roasted Yukon Gold Potatoes  
Peas & Mushroom, Stewed Zucchini  
Vegetables Soup, Soup Du jour & Super Salad Bar  
Pasta Pronto Action Station w/Italian Sausage

## Tuesday 7/25/17

Beef Taco & Chicken Fajita w/Flour Tortilla & Fixing  
Spanish rice, Refried Beans  
Buttered Corn, Grilled Mexican Vegetables  
Chicken Tortilla Soup, Beef Chili Soup & Super Salad Bar  
Thai Fry Action Station w/Shrimp

## Wednesday 7/26/17

Pan Fried Catfish, Fried Chicken  
Mashed Potatoes w/Gravy, Blackeye Peas  
Collard Greens, Cream of Corn,  
Chicken Gumbo Soup, Soup Du jour & Super Salad Bar  
BBQ Pork Ribs Carving Station

## Thursday 7/27/17

Kung Pao Chicken, Penne w/Italian Sausage  
Fried Rice/Au gratin Potatoes  
California Blend Vegetables, Fresh Brussels Sprouts  
Minestrone Soup, Soup Du jour & Super Salad Bar  
Fajita Action Station w/Beef

## Hawaiian Luau Friday 7/28/17

Shoyu Chicken, Kalua Pork, Chicken Long Rice, Pork Lau Lau,  
Egg Dip Catch of the Day, Steamed Sweet Potatoes,  
Lomi Salmon, Tako Poki, Tofu Watercress, Poi, Haupia, & More.