

7 WEEK MINI SPORTS CAMP • EVERY THURSDAY

Practices will provide fundamentals of Basketball, Soccer, Baseball, Flag Football, and Functional Fitness.

KEIKI F.I.T. program offers a comprehensive approach to sports performance training in a FUN way!
This program will focus on core development, balance, and proper running mechanics through drills and games.
Come learn to improve acceleration, linear speed, and develop character, sportsmanship, and integrity, too!



EVERY THURSDAY

Time: 5-6 p.m.

Locations:

AMR Field

154 Kauhini Road • Honolulu, HI 96818

Bennett Youth Center Field

2251 McMahon Road, Bldg. 9090
Schofield Barracks, HI 96857

KEIKI F.I.T.

FUN • INTEGRATED • TRAINING

\$30 per child

YOB eligibility: 2021-2023

(Child must be 3 years old by January 2, 2026).

Requirement: Must be CYS registered.

Parent participation is required.

*Slots will be filled on a first come, first serve basis.
A waiting list is available for each division.



For more information regarding our Youth Sports & Fitness Program or becoming a Volunteer Coach, contact your local Youth Sports office located at Schofield Barracks or Aliamanu Military Reservation.

Schofield Barracks
2251 McMahon Rd., Bldg. 9090
(808) 787-4110 • (808) 787-4111

Aliamanu Military Reservation
Bougainville Loop, Bldg. 1781
(808) 787-4141

Office Hours: Sunday: Closed • Monday: Closed
Tuesday - Friday: 11 a.m.-7:30 p.m. • Saturday: 8 a.m.-4:30 p.m.

**Thursday, January 8 -
Thursday, February 19**

**REGISTRATION DATES:
DECEMBER 1-31**

First Time/Renewal Participants must register
at Parent Central Services:

SCHOFIELD BARRACKS

241 Hewitt Street, Bldg. 1283

(808) 633-0040

Walk-ins: 8-11 a.m.

(Except Wednesdays - By Appointment Only)

ALIAMANU MILITARY RESERVATION

154 Kauhini Road, Bldg. 1782

(808) 330-9330

Please contact Schofield Barracks office at
(808) 633-0040.

Scan QR
code for
hours of
operation.



Download MY ARMY POST APP



HiMWR.com or f MWR HAWAII