





Entry Fee:

Credit Card Only • No refunds

Early Entry \$25 per person

Finisher medal guaranteed. Must register by Monday, March 31.

Late Entry \$30 per person

Finisher medal while supplies last. Tuesday, April 1 - Thursday, April 17 Deadline for general public: Tuesday, April 1.

Race Day Registration \$30 per person

Finisher medal while supplies last.

Race Day Registration: 7:45-8:45 a.m.

Bib pick up/Check in: 7:45-8:45 a.m.

Mandatory Safety Brief: 8:45 a.m.

Open to DOD ID Cardholders of all ages and the general public. (12 and under must be accompanied by a guardian at all times.)

Saturday,

DE LE

Wayned Field

Schofield Barracks

Call (808) 787-0721

to register over the phone or register in person at any Army Physical Fitness Center.

(excluding WAAF)

EASTER-THEMED ATTIRE

No pets allowed. Strollers are permitted.

Route: 5km or 3.1 miles, Paved, Elevation Gain = 136 ft, Out-and-Back Start/Finish on Weyand Field Route will run up Trimble Road and U-turn at Mellichamp Street

For more information, call (808) 787-5738.













US ARMY GARRISON HAWAII

MORALE, WELFARE & RECREATION



BENEFIT

SCAN QR CODE TO START YOUR FEDERAL CAREER!



100% FREE childcare for their first child!

CYS direct care staff will receive







Flexible work hours with full-time, part-time,

& flex positions

.48 PER HOUR

.64% COST OF LIVING **ALLOWANCE**

*SUBJECT TO CHANGE

WITHOUT NOTICE

CYS POSITIONS

Opportunities to work in USAG-HI's new CYS facilities

OPEN TO THE PUBLIC

TUESDAY, APRIL 22

8:30 A.M.-1:30 P.M.

ALIAMANU MILITARY RESERVATION PHYSICAL FITNESS CENTER

176 Kauhini Road, Bldg. 1780 Honolulu, HI 96818

CHECK US OUT ONLINE!

Find more tips, necessary documents, & how-to's on our website

https://hawaii.armymwr.com/employment

- Insurance coverage for full-time & part-time employees.
- Paid leave for full-time & part-time employees.
- Paid parental leave (restrictions apply).
- · Retirement options and 401k savings plan.
- · Career progression with world class training.
- Access to DFMWR Fitness Centers, Arts & Crafts Center. and other services.
- Easy lateral transfers using the Army NAF CEAT program.
- Tax Free grocery* & retail store privileges.

*certain benefits are subject to CYS Employees only

















Saturday. April

Kubb Tournament

10 a.m.-3 p.m. \$15 team buy-in (2 players)

Outdoor Recreation Center 435 Ulrich Way, Bldg. 2110, Schofield Barracks

*Open to all DOD ID Cardholders ages 10 and up. All children must be accompanied by a guardian.

Come find out at Outdoor Recreation's first ever Kubb tournament! Winning teams will receive various, prizes. No idea what

Kubb is? Come by Outdoor Recreation Center for a demonstration or rent a set yourself for only \$8 a day!





- Registration deadline for all programs is 48 hours prior to the event date.
- Please bring sunscreen, water, snacks, and the excitement!

Saturday, **April** 26

Summer Splash

10 a.m.-2 p.m. \$6 per child (6-17 years old)

Outdoor Recreation Center 435 Ulrich Way, Bldg. 2110, Schofield Barracks

*Open to all DOD ID Cardholders ages 6-17, all children must be accompanied by a guardian.

Come join us at our 5000 sq ft field located at the Outdoor Recreation facility on Schofield Barracks! We will have water slides, bounce houses, shave ice and more! No adults permitted in bounce houses or water slides, but accompanying adults will be treated to other activities as well as refreshments and music in a shaded area.





Experience Hawai'i with the Outdoor Recreation Centers EXP For more information, call (808) 787-4097 • 435 Ulrich Way • Bldg. 2110 • Schofield Barracks

RENTALS: Stop by the Outdoor Recreation Center for all of your adventure needs! Tents, surfboards, camping gear, stand up paddleboards, and more!











calling all Jedi, Sith, Rebels, and Imperials!



ENTERTAINMENT CENTER

FRIDAY, MAY 2 & SATURDAY, MAY 3

11 a.m.-2 p.m. & 6-10 p.m.

MUSIC, FOOD, AND DRINK SPECIALS.

TRIVIA, COSTUME CONTEST, BOWLING COMPETITION,
AND PINBALL SHOWDOWN

Open to all DOD ID Cardholders, and guests.

Scan the QR Code for hours of operation:







HIMWR.com or MWR HAWAII





This sponsorship does not constitute DOD, Army or Federal Government endorsement.

For more information, call us at (808) 787-4395.

1735 Wright Avenue, Bldg. 835, Wheeler Army Airfield 96857

















2025

For more information, call 308) 787-5740

1470 Foote Avenue Bldg. 589 Schofield Barracks, Hawaii, 96857





Schöfield Barracks Health & Fitness Center CHALLENGE

Wednesday, May 7-Friday, May 9 • 6 a.m.-7 p.m.

The Avenger Challenge will be held at Schofield Barracks Health and Fitness Center. The event will be comprised of the following six stations for the best time completed in the following order:

- Bear Crawl with 45lb plate (male) and 25lb plate (female) 20 meters *If the patron drops the plate off their back, it will add a 5 second penalty.
- Sprint 20 meters down and back
- 3. 25 hand release push-ups
- Deadlift 225lbs (male) and 135lbs (female) for 12 reps
- Ground to Overhead (GTO) 25lb plate (male) and 10lb plate (female) for 25 reps
- Burpee Broad jump to the finish line Choose between divisions: Standard (bodyweight) or Vest (weighted).
 - *You must bring your own vest to compete in the vest category*

ENTRY FEE:

\$25 Register by Monday, April 28, T-shirt size guaranteed.

\$30 Late Registration (after April 28th), T-shirt not guaranteed.

\$5 just to enter and compete for the prize! No T-shirt.

Register at any Army Physical Fitness Center (excluding WAAF) or call (808) 787-5739.

Male and female top two times in each category will be given prizes.



For more information, call (808) 787-5739. Sports-F













MARTINEZ PHYSICAL FITNESS CENTER

OPEN TO ACTIVE DUTY, ALL DOD CARD HOLDERS, AGE 18 YEARS OLDER



FRIDAY, MAY 28
6 a.m. e12 p.m.

7-10 a.m.

ALL FITNESS LEVELS WELCOME.

1 MILE RUN

100 PULL UPS

200 PUSH UPS

300 AIR SQUATS

1 FINAL MILE RUN

The Pull-Ups, Push-Ups, and Air Squats can be partitioned and scaled as needed. Participants are encouraged to wear a 20 lb. (Male) and 14lb. (Female) body yest.

Entry Fee: \$20 per person (t-shirt while supplies last)

Time-slots limited. Credit Card ONLY. No Refunds.

HiMWR.com or MWR HAWAII

For more information

(808) 787-07

Stration available at all Army Physical Fitness Centers

(Excluding WAAF)

2025 STRONG B.A.N.D.S.



Munphy











Open to all DOD ID at Fort Shafter & **Book Club** Cardholders. Registration SGT Yano Libraries is required. *Events subject to change; check ARMY HAWAII LIBRARIES for the latest

FORT SHAFTER LIBRARY

<u>TUESDAY, MAY 13</u>

5-6:30 p.m. (Except for Federal Holidays)

SGT YANO LIBRARY

Come join our Cookbook Book Club. It will be a potluck style book club. We will select recipes from themed cookbooks and try them out at our meet up. Everyone will walk away with full bellies and new recipes. The cookbook of the month will be on display at the Fort Shafter & SGT Yano Libraries. Come by, copy your recipes and register for the event.

- Do you like food?
- Do you like Books?
- Is your favorite **Dewey Section** 641.5?

Then you are in luck!

information.





Hours of Operation: Monday-Thursday: 10 a.m.-5 p.m.

Friday & Saturday: 10 a.m.-3 p.m.

Fort Shafter Library 181 Chapplear Road, Building 650, Fort Shafter, HI 96858

SGT Yano Library 1565 Kolekole Avenue, Building 560, Schofield Barracks, HI 96857 For more information or to register, call

HIMWR.com or MWR HAWAII

Fort Shafter Library at (808) 787-4031 SGT Yano Library at (808) 787-5753 or scan the QR Code!

https://hawaii.armymwr.com/programs/fort-shafter-library https://hawaii.armymwr.com/programs/sgt-yano-library







Hot Items

Steamed White Rice • "Loaded" Mashed Potatoes Steamed Pier 38 Fresh Catch of the Day Crispy Furikake Glazed Chicken • Char Siu Style Roast Pork

Carving Station

Herb Crusted Prime Rib with Horseradish & Truffle Jus

"Build Your Own Omelet" Station

Sushi Hand Roll Station
Spicy Tuna, California, Shrimp Tempura

Desserts

Assorted Danishes • Croissants and Scones • Pudding Bar with toppings
Assorted Jell-O • Pies • Tarts & Cakes

Beverages

Hot Coffee • Hot & Iced Tea Orange Juice • Fruit Punch

*Menu items subject to change without notice.



Monday-Friday, 8:30 a.m.-4:30 p.m. 711 Morton Drive, Fort Shafter, Hawaii 96858











"Where the Game of Golf Begins"

Open to DOD ID Cardholders and the public Public must have installation

https://home.army.mil/hawafi/ about/visitor-information or sean the QR code









2025 STRONG B.A.N.D.S.

Schofield Barracks Arts & Crafts Center

Ti Leaf Lei Weaving WORKSHOP

Activity & Balance

Working with your hands
to create something enhances
a balance in one's lives by bringing
a sense of pride and accomplishment.
Providing a sense of relaxation
and calmness.

Learn to make your own ti-leaf lei!
This workshop will teach you to identify the plant, pick and prep the leaves for weaving, and to make your own lei. The ti leaf plant was originally brought to Hawaii in their early migrations to the islands. It is believed the plant protects you from evil elements and may provide good fortune! Consider learning to present a ti leaf lei for special occasions.

Saturday,
May 17
1-3 p.m.

\$20

PER PERSON (Pre-registration required)

For more information or to register, call

(808) 787-5734

Seats are limited!

Hours of Operation:

Wednesday & Thursday: 10 a.m.-3:30 p.m. Friday & Saturday: 9 a.m.-3:30 p.m.

919 Humphreys Rd., Bldg #572 Schofield Barracks. HI 96857























Learn the basic fundamental of Soccer: Passing, Dribbling, Kicking & Goal Shooting



SATURDAY, JUNE 7 BENNETT YOUTH CENTER FIELD

2251 McMahon Road, Bldg. 9090 Schofield Barracks. Hawaii 96857



Session 1

YOB: 2017-2020

8:30-10:00 a.m.

Session 2

YOB: 2010-2016

10:30 a.m.-12:00 p.m.

Please let us know if you are interested in coaching!

For more information, call

(SB): (808) 787-4110 (AMR): (808) 836-1923 or (808) 787-4139

 Youth must be born between 2010-2020, no exceptions Must be CYS Registered

Must be 5 years old by June 7 to participate

HiMWR.com or MWR HAWAII





First Time/Renewal participants must register at Parent Central Services:

Schofield Barracks

241 Hewitt St, Bldg. 1283 (808) 787-7464. Walk-ins: 8-11 a.m.

(Except Wednesdays - By Appointment Only)

Aliamanu Military Reservation (808) 787-7465 154 Kauhini Road, Bldg. 1782 Please contact Schofield Barracks office at (808) 787-7464.



















PROGRAMS

N CENT SARRACES, MANA MANAGER AND Take \$20 off!

Saturday. May

Ka'ena Point Sunrise Mountain Bike Ride

Time: 6:30-8:30 a.m. • Location: Ka'ena Point \$35 per Mountain Bike, \$15 if bringing own bike

Come join Outdoor Recreation for a sunrise ride at Ka'ena Point and experience gorgeous views, unique plant and wildlife, and a healthy workout! Includes one mountain bike and one helmet, so be sure to bring any additional protective gear if needed.

This Mother's Day, purchase your own ticket to Mokoli'i and put mom in the passenger seat for free as you take her on this island adventure!



Mother's Day Tandem Paddle

Time: 9-11 a.m. • Location: Mokoli'i Islet (Chinaman's Hat) \$75 per person (includes free entry for mom)

Attendees must be able to swim 300 meters & tread water 1 minute.

Saturday. May

Memorial Day Ford Island Historic Tour

Time: 9-11 a.m. • Location: Ford Island \$35 per Mountain Bike, \$45 per E-Bike, \$15 if bringing own bike

Located in the middle of Pearl Harbor, Ford Island has been featured on the silver screen, involved in major historic battles and events, and has roots as far back as the ancient Hawaiians who called the tiny islet Moku'ume'ume.



REMIND

Experience Hawai'i with the Outdoor Recreation Center! For more information, call (808) 787-4097 • 435 Ulrich Way • Bldg. 2110 • Schofield Barracks, HI 96857

RENTALS: Stop by the **Outdoor Recreation Center** for all of your adventure needs! Tents, surfboards, camping gear, stand up paddleboards, and more!







- ► Open to all DOD ID Cardholders ages 10 and up.