

POWER CHALLENGE QUALIFIERS MAY 1-JUNE 1

For qualification details, see the Fort Shafter Physical Fitness Center staff.

POWER CHALLENGE

The event will be comprised of the following FIVE STATIONS for the BEST SCORES completed in the following:



DUMB BELL CARRY



TANK PUSH



SLED DRAG



MEDICINE BALL THROW



TIRE FLIP

CATEGORIES:

Male / Female

First 40 to complete will receive a coin. Top 6 total point scorers will qualify for the Final Showdown.

Final Showdown: Saturday, June 28

COST:

\$10 entry fee at the Fort Shafter PFC.

Register before June 1, 2025

SCAN ME

Scan the QR Code for hours of operation.

For more information, call (808) 787-4039.



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