

UPDATE

24/7 Fitness orientations are held at Fort Shafter and Martinez Physical Fitness Centers for All DoD cardholders 18 years of age or older. See the **June** schedule below.

24/7 FITNESS ORIENTATION

Fort Shafter Physical Fitness Center & Martinez Physical Fitness Center

← BOARDWALK ★ SURF SHACK →

JUNE 2022

ORIENTATION SCHEDULE

Orientations are limited to 25 participants on a first-come, first-serve basis. A Statement of Understanding will be completed and signed to register for access. E-4 & below will require Commander signature • All dependents of AD Soldiers will require AD signature

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	Fort Shafter PFC 11:30 a.m. 5:30 p.m. 1	Martinez PFC 12:00 p.m. 6:00 p.m. Fort Shafter PFC 11:30 a.m. 5:30 p.m. 2	3	Martinez PFC 9:30 a.m. 4
5	Fort Shafter PFC 11:30 a.m. 6	Martinez PFC 12:00 p.m. 6:00 p.m. 7	Fort Shafter PFC 11:30 a.m. 5:30 p.m. 8	Martinez PFC 12:00 p.m. 6:00 p.m. Fort Shafter PFC 11:30 a.m. 5:30 p.m. 9	10	King Kamehameha Day Martinez PFC 9:30 a.m.  11
12	Fort Shafter PFC 11:30 a.m. 13	Martinez PFC 12:00 p.m. 6:00 p.m. 14	Fort Shafter PFC 11:30 a.m. 5:30 p.m. 15	Martinez PFC 12:00 p.m. 6:00 p.m. Fort Shafter PFC 11:30 a.m. 5:30 p.m. 16	17	Martinez PFC 9:30 a.m. 18
 19	 20	Summer Solstice Martinez PFC 12:00 p.m. 6:00 p.m. 21	Fort Shafter PFC 11:30 a.m. 5:30 p.m. 22	Martinez PFC 12:00 p.m. 6:00 p.m. Fort Shafter PFC 11:30 a.m. 5:30 p.m. 23	24	Martinez PFC 9:30 a.m. 25
26	Fort Shafter PFC 11:30 a.m. 27	Martinez PFC 12:00 p.m. 6:00 p.m. 28	Fort Shafter PFC 11:30 a.m. 5:30 p.m. 29	Martinez PFC 12:00 p.m. 6:00 p.m. Fort Shafter PFC 11:30 a.m. 5:30 p.m. 30		



For more information, call (808) 655-4804.