

HMR PHYSICAL FITNESS CENTER



# Kuapala

## 5K • 10K • 15K



### Free Challenge

Register through the month of April at HMR PFC.

441 Kuapala Road • Bldg. 25  
Wahiawa, Hawaii 96786



*Leaf sprouting and flowers are blooming everywhere!  
Time to get out and look at the pretty flowers.  
Sign the poster after completing a 5K, 10K, or 15K during the month of April.*

For more information, call  
**(808) 787-7460.**

Scan the QR code or visit [Hawaii.armymwr.com/categories/sports-and-fitness](http://Hawaii.armymwr.com/categories/sports-and-fitness) for facility hours of operations.

SCAN ME



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