



# Hale Ikena Grand Buffet

For Week of March 2 to 6

## Monday 3/2/20

Stuffed Cabbage w/Tomato Sauce, Baked Teriyaki Chicken  
Steamed Rice/Roasted Red Potatoes  
Steamed Broccoli w/Garlic, Mixed Vegetables  
Vegetable Soup, Soup Du jour & Super Salad Bar  
Tortellini w/Alfredo Sauce

## Tuesday 3/3/20

Beef Taco & Chicken Fajita w/Flour Tortilla & Fixing  
Spanish Rice/Refried Beans  
Buttered Corn, Grilled Mexican Vegetables  
Chicken Tortilla Soup, Beef Chili & Super Salad Bar  
Carved Baked Ham w/Pineapple Sauce

## Wednesday 3/4/20

Beef Tomato/Chicken Katsu  
Steamed Rice, Chow Mein Noodles  
California Blend Vegetables, Sautéed Green Bean Almandine  
Corn Chowder, Soup Du jour & Super Salad Bar  
Build Your Own Hamburger & Hot Dog Bar

## Thursday 3/5/20

Roast Pork w/Gravy, Ravioli w/Marinara Sauce  
Steamed Rice, Scalloped Potatoes  
Green Peas & Mushroom, Stewed Zucchini  
Navy Bean, Soup Du jour & Super Salad Bar  
Thai Fry Station w/Shrimp

## Smoke House Friday 3/6/20

BBQ & Sweet Chili Ribs, BBQ Chicken, Smoked Pulled Pork  
Baked Beans/Macaroni & Cheese  
Sautéed Carrots & Onion, Corn Cobbets  
Clam Chowder Soup, Soup Du jour & Super Salad Bar  
BBQ Smoked Brisket Carving Station



# Hale Ikena Grand Buffet

For Week of March 9 to 13

## Monday 3/9/20

Beef Curry, Penne Pasta w/Italian Sausage  
Steamed Rice/Potatoes Au gratin  
Steamed Vegetables Medley, Green Peas & Onion  
Cream of Potato Soup, Soup Du jour & Super Salad Bar  
Thai Fry Shrimp Station

## Tuesday 3/10/20

Kalua Pork & Cabbage, Turkey Meat Loaf w/Gravy  
Steamed Rice/Mashed Potato w/Gravy  
Normandy Vegetables, Buttered Corn  
Portuguese Bean Soup, Soup Du jour & Super Salad Bar  
Carved Roast Beef w/Aujus & Horseradish

## Wednesday 3/11/20

Swiss steak, Boneless Fried Chicken  
Rice Pilaf, Scallop Potatoes  
Corn & Peas, Sautéed Green Beans Almandine  
Split Peas Soup, Soup Du jour & Super Salad Bar  
Build Your Own Hamburger & Hot Dog Bar

## Thursday 3/12/20

Pork Teriyaki Stir-Fry, Grilled Catch w/White Wine Mushroom  
Sauce  
Steamed Rice/Roasted Garlic Mashed Potatoes  
Sautéed Carrots & Onion, Steamed Broccoli  
Navy Bean, Soup Du jour & Super Salad Bar  
Build Your Own Philly Cheese Steak Sub Sandwich

## Soul Food Friday 3/13/20

Pan Fried Catfish, Fried Chicken  
Mashed Potatoes w/Gravy, Black eye Peas  
Collard Greens, Cream of Corn  
Chicken Gumbo Soup, Soup Du jour & Super Salad Bar  
BBQ Pork Ribs Carving Station



# Hale Ikena Grand Buffet

For Week of March 16 to 20

## Monday 3/16/20

Meat Loaf w/Gravy, Shrimp & Vegetable Primavera,  
Rice Pilaf/Roasted Red Potatoes  
Steamed Vegetables, Corn O'Brien  
Portuguese Bean Soup, Soup Du jour & Super Salad Bar  
Fajita Station w/Beef

## Tuesday 3/17/20

Irish Lamb Stew, Salmon w/Dill Cream Sauce  
Rice Pilaf/Baked Macaroni & Cheese  
Brussels Sprout, Corn O'Brien  
Beef Barley, Soup Du jour & Super Salad Bar  
Carved Fresh Corn Beef w/Cabbage, Potatoes & Carrots

## Wednesday 3/18/20

Yankee Pot Roast, Chicken Parmesan  
Rice Pilaf/Garlic Mashed Potatoes  
California Blend Vegetables, Green Peas & Carrots  
Corn Chowder, Soup Du jour & Super Salad Bar  
Build Your Own Hamburger & Hot Dog Bar

## Thursday 3/19/20

Kung Pao Chicken, BBQ Pulled Pork  
Fried Rice/Savory Baked Beans  
Buttered Corn, Normandy Vegetables  
Egg Drop Soup, Soup Du jour & Super Salad Bar  
Build Your Own Philly Cheese steak Sub Sandwich

## Friday 3/20/20

Pork Cutlet w/Gravy, Sautéed Catch w/Lobster Cream Sauce  
Rice Pilaf, Garlic Mashed Potatoes  
Green Beans Almandine, Buttered Mixed Vegetables  
Navy Bean Soup, Soup Du jour & Super Salad Bar  
Steak House w/Baked Potatoes w/Fixing



# Hale Ikena Grand Buffet

For Week of March 23 to 27

## Monday 3/23/20

Beef Stroganoff, Baked Ham w/Pineapple Sauce  
Steamed Rice/Roasted Yukon Potatoes  
Fresh Vegetables Medley, Peas & Mushroom  
Vegetable Soup, Soup Du jour & Super Salad Bar  
Tortellini W/Marinara

## Tuesday 3/24/20

Beef Taco & Chicken Fajita w/Flour Tortilla & Fixing  
Spanish Rice/Refried Beans  
Buttered Corn, Grilled Mexican Vegetables  
Chicken Tortilla Soup, Beef Chili Soup & Super Salad Bar  
Carved Mango Glazed Pork loin w/Mango Chutney

## Wednesday 3/25/20

North Carolina BBQ Pork Loin, Mochiko Chicken  
Steamed Rice, Savory Baked Beans  
Spring Vegetable Blend, Sautéed Green Peas & Carrots  
Beef Barley Soup, Soup Du jour & Super Salad Bar  
Build Your Own Hamburger & Hot Dog Bar

## Thursday 3/26/20

Pork Adobo, Chicken Guisante  
Pancit Noodles/Steamed Rice  
Sautéed Green Beans, Buttered Corn  
Chicken Papaya Soup, Soup Du jour & Super Salad Bar  
Build Your Own Reuben Sub Sandwich

## Hawaiian Luau Friday 3/27/20

Shoyu Chicken, Kalua Pork, Chicken Long Rice, Pork Lau Lau,  
Egg Dip Catch of the Day, Steamed Sweet Potatoes,  
Lomi Salmon, Tako Poki, Tofu Watercress, Poi, Haupia, & More.



# Hale Ikena Grand Buffet

For Week of March 30 to 31

Monday 3/30/20

Garlic Oyster Pork Loin, Chicken Diablo  
Steamed Rice, Roasted Yukon Gold Potatoes  
Peas & Mushroom, Stewed Zucchini  
Vegetables Soup, Soup Dejour & Super Salad Bar  
Pasta Pronto Action Station w/Italian Sausage

Tuesday 3/31/20

Beef Taco & Chicken Fajita w/Flour Tortilla & Fixing  
Spanish rice, Refried Beans  
Buttered Corn, Grilled Mexican Vegetables  
Chicken Tortilla Soup, Beef Chili Soup & Super Salad Bar  
Thai Fry Action Station w/Shrimp