



OUR SERVICES

Home Visits

Our home visitors provide support and education for parents and expectant parents in the privacy and convenience of their home.

Referrals

Feel more at home in the Army community with the help of caring professionals. We provide assistance with accessing other helpful resources and services.

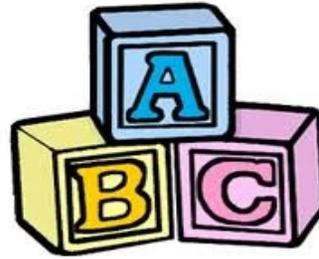
Resource Materials

NPSP has a variety of educational materials to share with you, such as parenting books, videos, and access to online resources.

Play Groups

Our play groups are a great opportunity for moms, dads, and kids to come together and enjoy socializing with other families while sharing parenting information.

Please feel free to call 655-4ACS for more information on any of our services.



EMERGENCY TELEPHONE NUMBERS

Military Police: 808-655-7114

Honolulu Police Dept: 911

Military One Source: 800-464-8107

Military Information: 888-874-9378



Army Community Service
310 Brannon Rd.
Bldg. 690
Schofield Barracks
655-4ACS



NEW PARENT SUPPORT PROGRAM

U.S. ARMY GARRISON
HAWAII
SCHOFIELD BARRACKS

Who Are We?

The New Parent Support Program (NPSP) consists of a professional team of nurses and social workers who provide parenting support and education through home visits and other services. This free and voluntary program was developed to help Army families in many ways that friends and family often do. Our staff knows about the concerns of parents and the unique challenges only military families face.

Who Is This For?

Army service members or dependents who are expecting or have at least one child age zero to three years old are invited to participate. You do not have to be a first-time parent to enroll in the New Parent Support Program.

The New Parent Support Program Helps You...

- Prepare for parenthood
- Learn about infant and child safety
- Learn new parenting skills
- Understand the ages and stages of your child's development
- Learn about stress management
- Increase the parent/child bond
- Overcome parenting challenges
- Connect to other resources

What If We Are Not New Parents?

Even if you are not a first-time parent you can benefit from the New Parent Support Program. New challenges will arise as your child grows. Each child within a family is unique and may require different parenting strategies. Adding a new member to any size family will also require some adjustment.

The education provided during home visits will be tailored to you and your family's needs, to include topics like childbirth education, newborn care, toilet training, tantrums, and much more.

What Else Does NPSP Offer?

The New Parent Support Program staff also believe it's important for Army families to have opportunities to meet new friends and build a local support system. NPSP hosts "Play Morning" as well as other events to provide opportunities for fun and socializing.

For more information, call 808-655-4ACS

