

UPDATE

24/7 Fitness orientations are held at Fort Shafter and Martinez Physical Fitness Centers for All DoD cardholders 18 years of age or older. See the **May** schedule below.

24/7 FITNESS ORIENTATION

Fort Shafter Physical Fitness Center & Martinez Physical Fitness Center

MAY 2022

ORIENTATION SCHEDULE

Orientations are limited to 25 participants on a first-come, first-serve basis.

A Statement of Understanding will be completed and signed to register for access. E-4 & below will require Commander signature • All dependents of AD Soldiers will require AD signature

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lei Day/ May Day  1	Fort Shafter PFC 11:30 a.m. 2	Martinez PFC 12:00 p.m. 6:00 p.m. 3	May the Fourth be with You Fort Shafter PFC 11:30 a.m. 5:30 p.m. 4	Cinco de Mayo Martinez PFC 12:00 p.m. 6:00 p.m. Fort Shafter PFC 11:30 a.m. 5:30 p.m. 5	6	Martinez PFC 9:30 a.m. 7
HAPPY Mother's DAY 8	Fort Shafter PFC 11:30 a.m. 9	Martinez PFC 12:00 p.m. 6:00 p.m. 10	Fort Shafter PFC 11:30 a.m. 5:30 p.m. 11	Martinez PFC 12:00 p.m. 6:00 p.m. Fort Shafter PFC 11:30 a.m. 5:30 p.m. 12	13	Martinez PFC 9:30 a.m. 14
15	Fort Shafter PFC 11:30 a.m. 16	Martinez PFC 12:00 p.m. 6:00 p.m. 17	Fort Shafter PFC 11:30 a.m. 5:30 p.m. 18	Martinez PFC 12:00 p.m. 6:00 p.m. Fort Shafter PFC 11:30 a.m. 5:30 p.m. 19	20	Martinez PFC 9:30 a.m. 21
22	Fort Shafter PFC 11:30 a.m. 23	Martinez PFC 12:00 p.m. 6:00 p.m. 24	Fort Shafter PFC 11:30 a.m. 5:30 p.m. 25	Martinez PFC 12:00 p.m. 6:00 p.m. Fort Shafter PFC 11:30 a.m. 5:30 p.m. 26	Garrison Organization Celebration Day 27	Martinez PFC 9:30 a.m. 28
29	Memorial Day  30	1	2	3	4	 5



For more information, call (808) 655-4804.